

MULTIMODALITY MONITORING

An Overview

Stephan A Mayer, MD

Neurological Intensive Care Unit
NY Presbyterian Hospital, Columbia-Presbyterian Center
Columbia University College of Physicians & Surgeons

ORIGINAL MOTION PICTURE SOUNDTRACK
MUSIC COMPOSED AND CONDUCTED BY JERRY GOLDSMITH

COMA



Bay Cities

BCD 3027
(A22721)



NEURO
I.C.U.

348

0.7

14.9

6

15.9

2

5

10

88.2

4.8

100

12.5

Three Phases of the History of Neuromonitoring

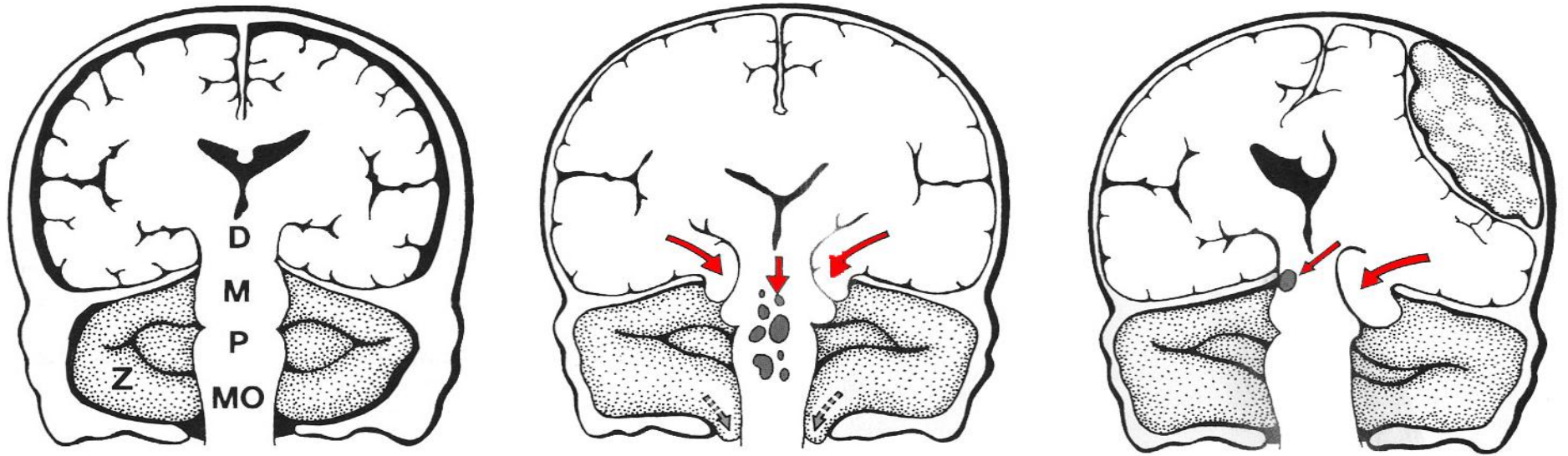
- Phase 1: **Clinical** neuromonitoring
 - 1960-1980
 - React to **clinical events**

Sternal Rub





Intracranial Mass Effect





Three Phases of the History of Neuromonitoring

- Phase 1: Clinical neuromonitoring
 - 1960-1980
 - React to clinical events
- Phase 2: **Physiological** neuromonitoring
 - 1980-2000
 - React to **pathophysiological** events

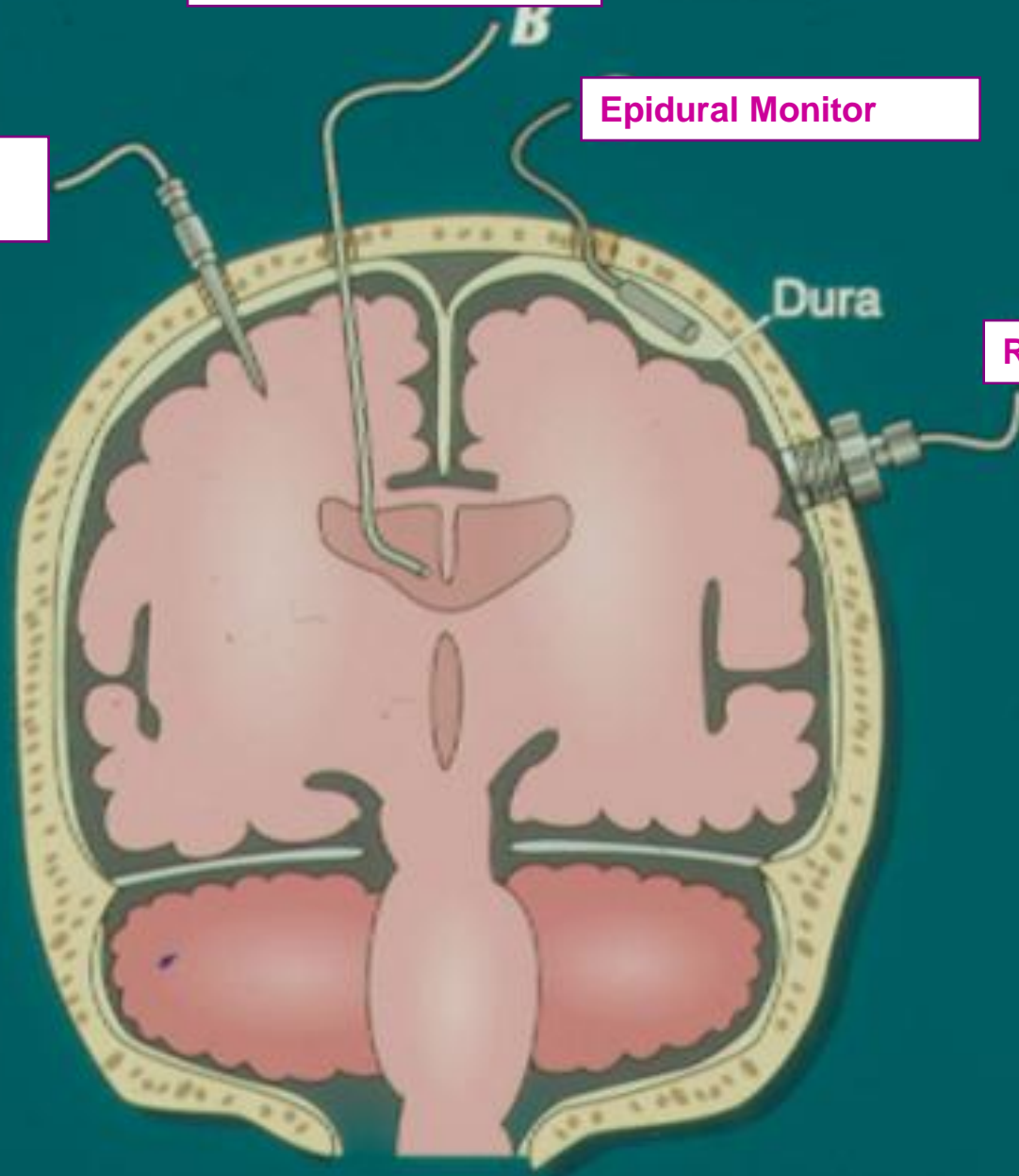
Ventricular catheter

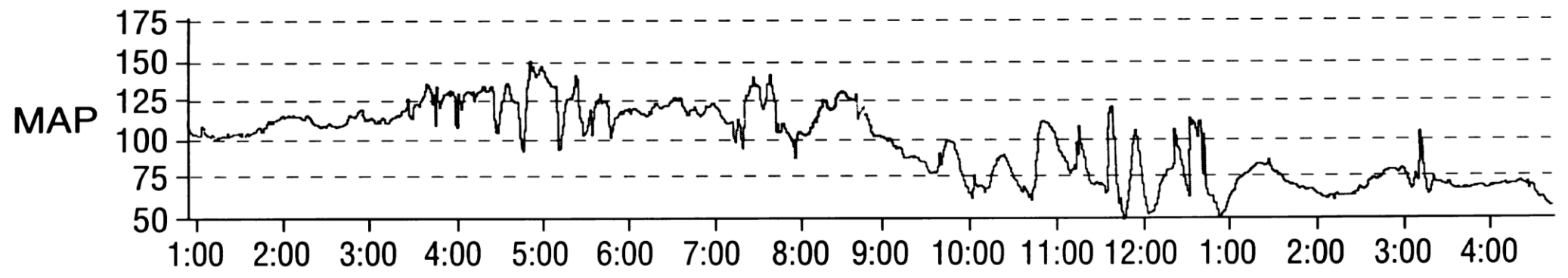
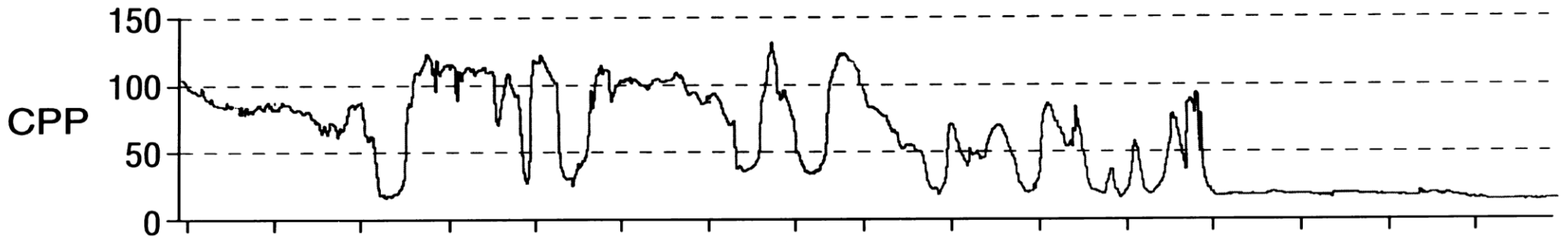
Epidural Monitor

Parenchymal Micosensor

Dura

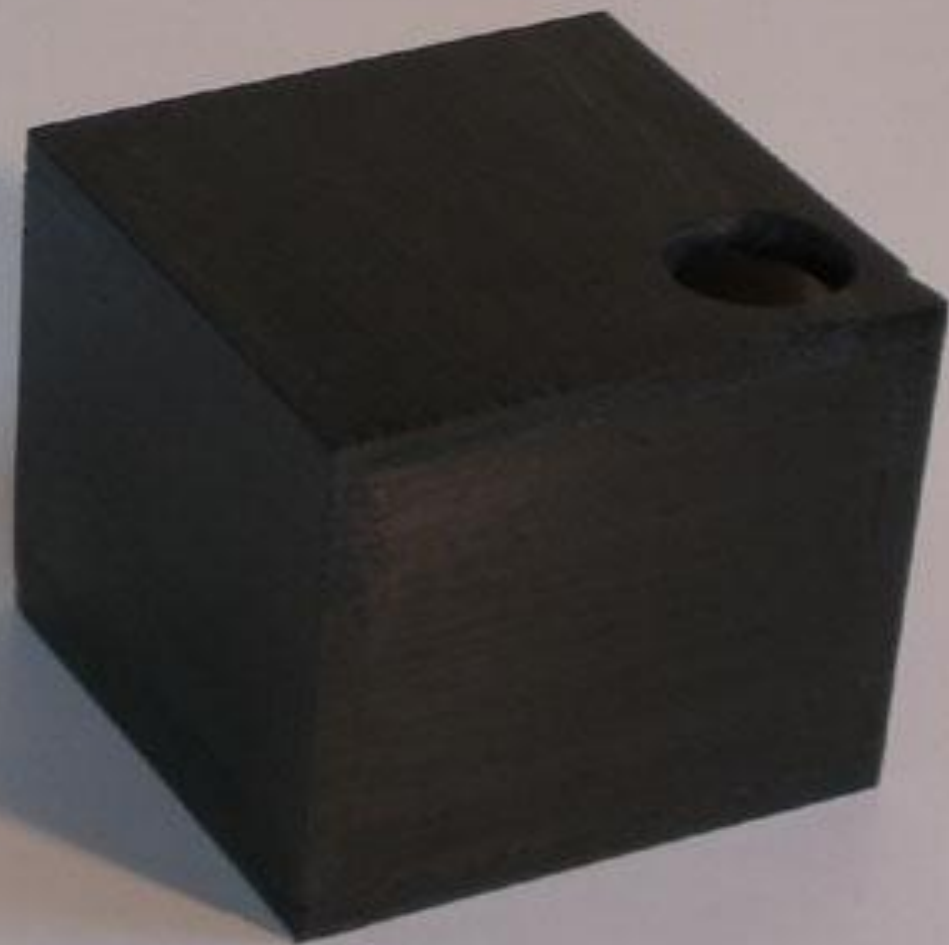
Richmond Bolt





Three Phases of the History of Neuromonitoring

- Phase 1: Clinical neuromonitoring
 - 1960-1980
 - React to clinical events
- Phase 2: Physiological neuromonitoring
 - 1980-2000
 - React to pathophysiological events
- Phase 3: **Neurophysiological BRAIN support**
 - 21st Century
 - Understand and manage complex physiology to **prevent** pathophysiological events



Richard BERRY



written by
Eric ASSOUS and Richard BERRY

based on the short story "In built now" by
Tonino BENACQUISTA

BUNDELORE

Good-grade patient: Steer by exam



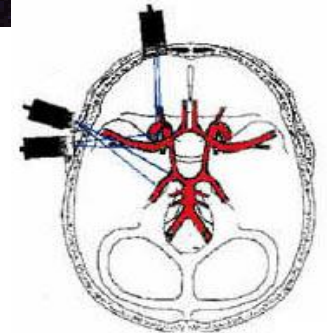
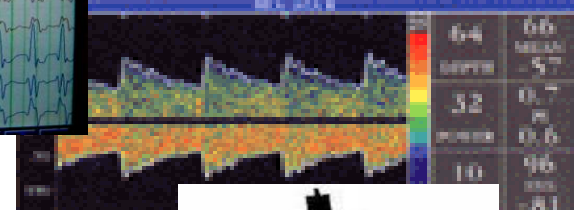
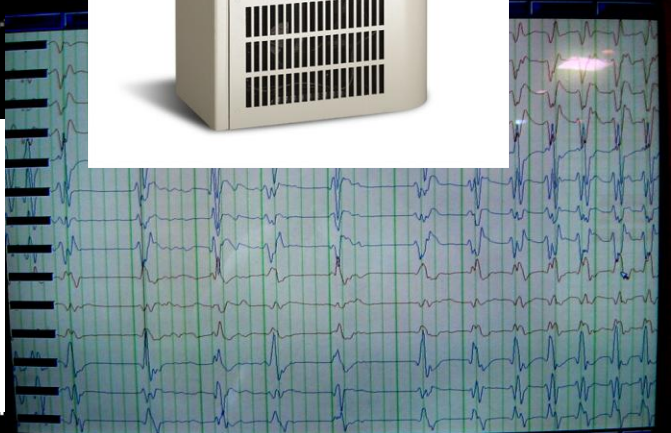
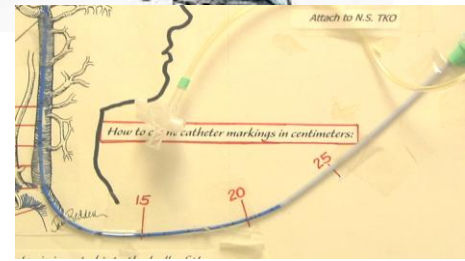
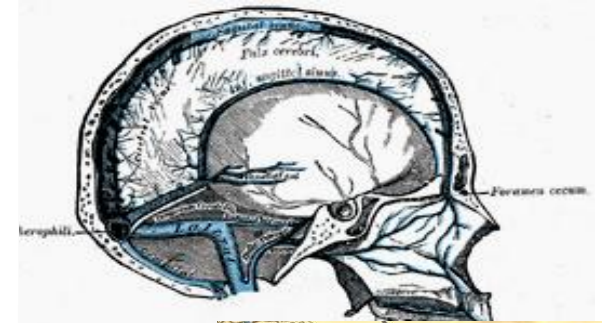
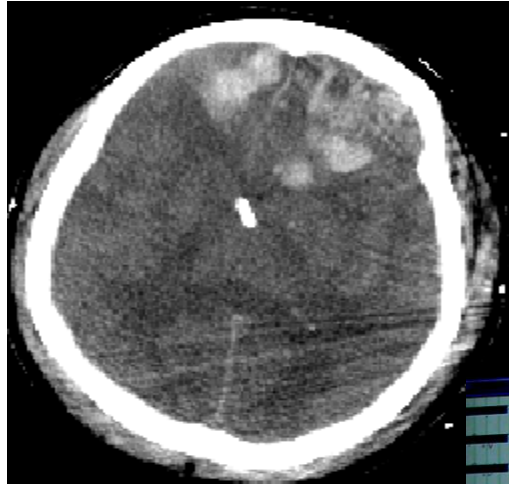
Poor-grade patient: Steer by gauges



Courtesy J Michael Schmidt PhD

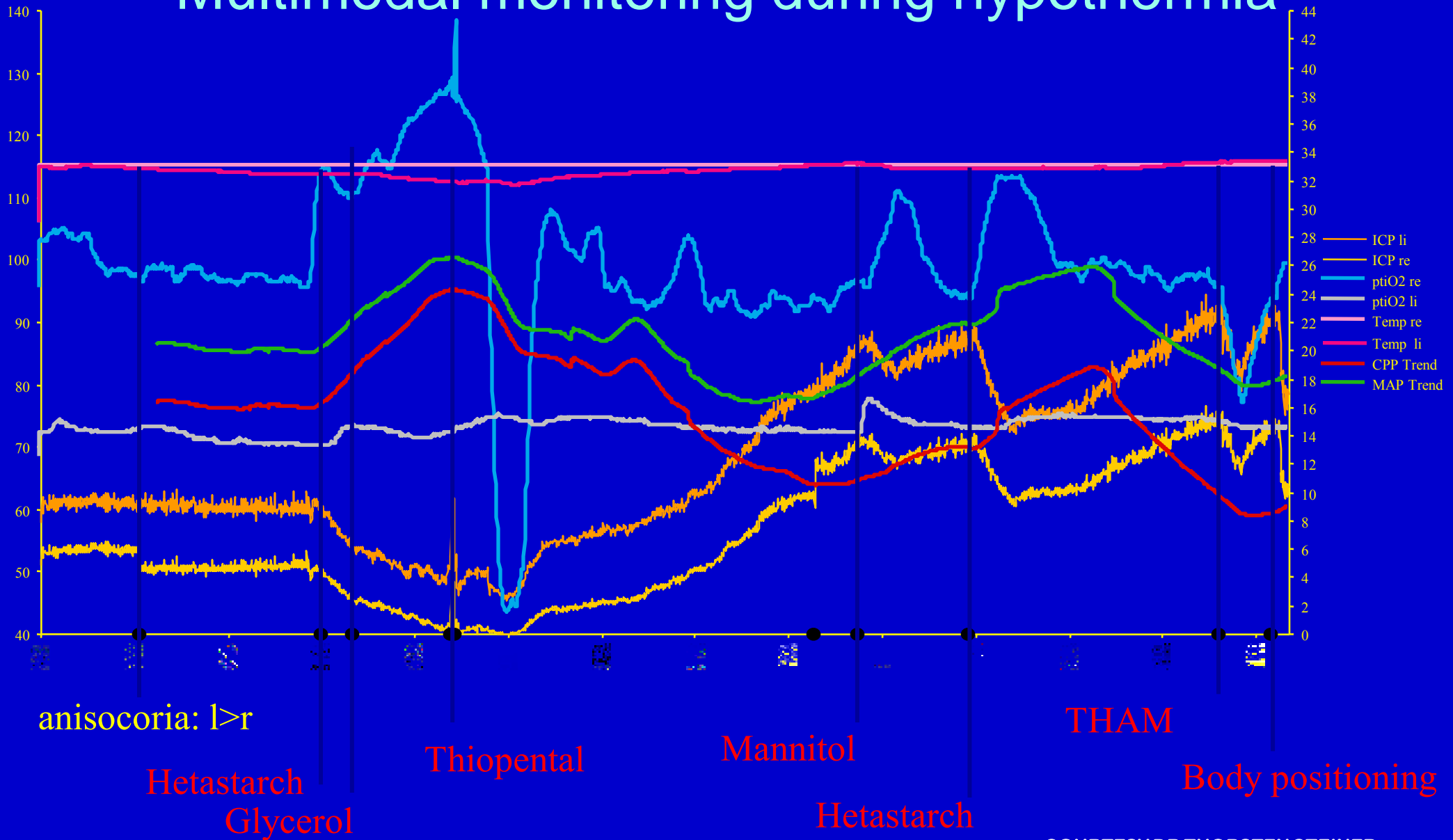
Neuro-ICU Brain Monitoring

- ICP
- cEEG
- CBF
- SJVO2
- TCD
- Brain Tissue O2
- Microdialysis

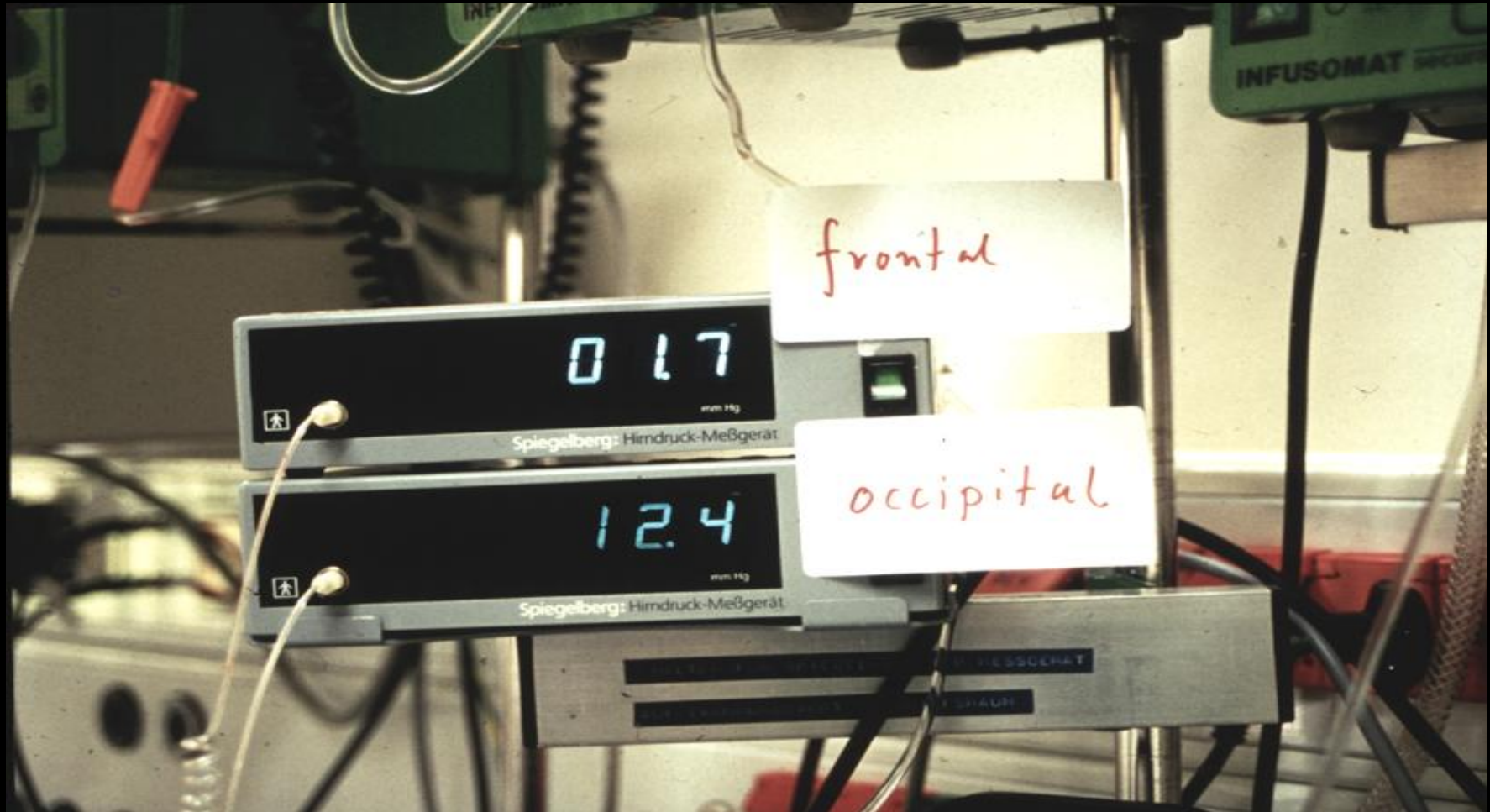


COURTESY DR PAUL VESPA

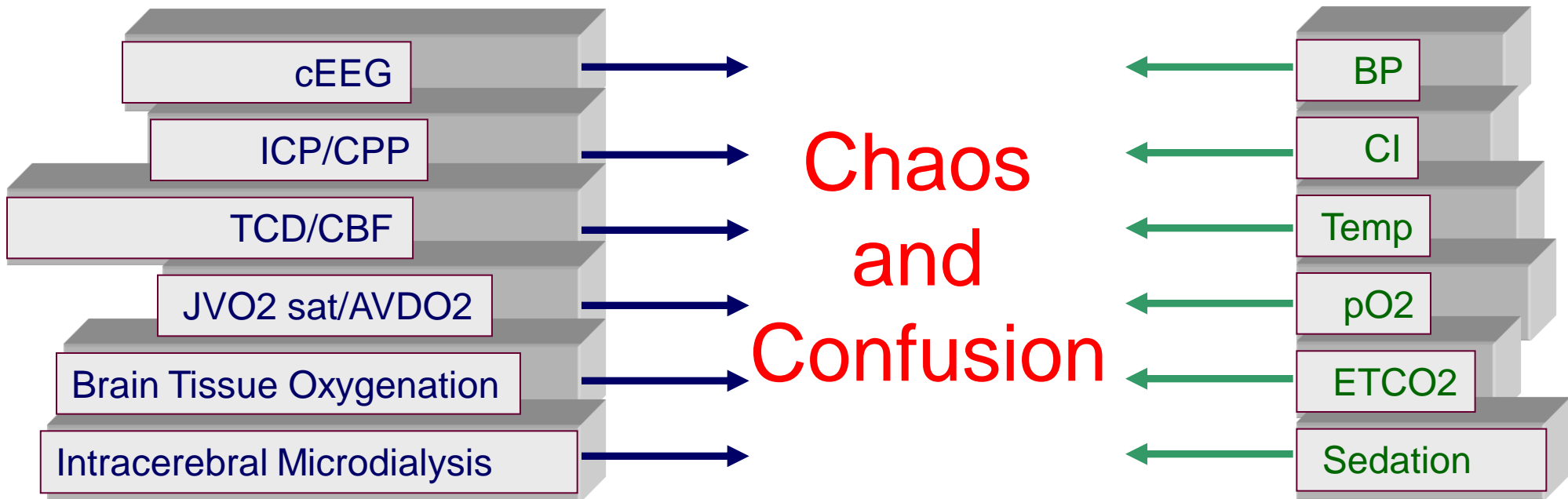
Multimodal monitoring during hypothermia



ICP: Dead End Box

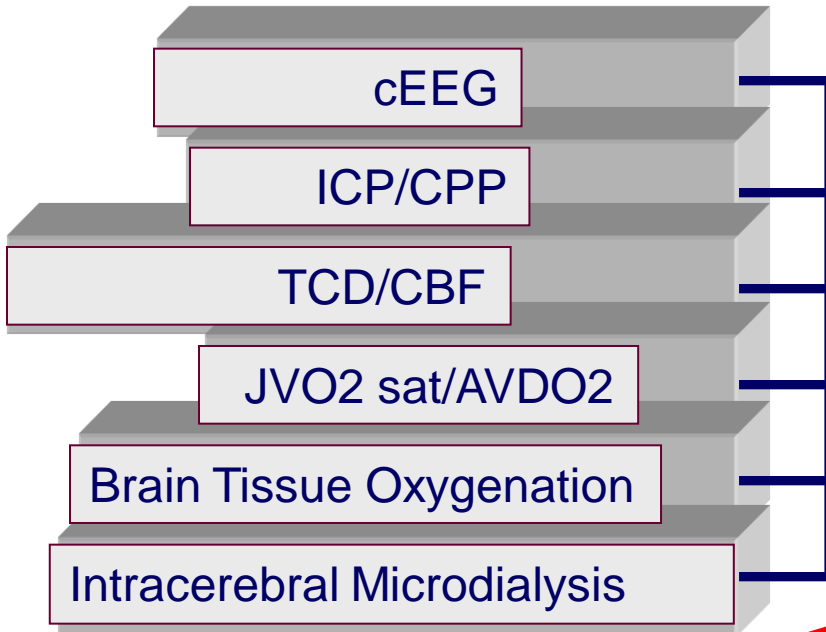


Integrated NICU Monitoring System of the Future

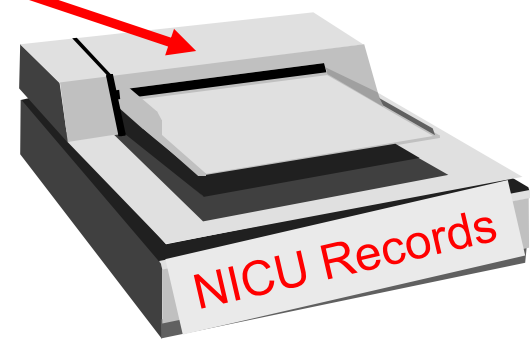
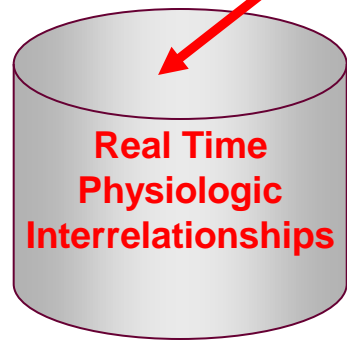
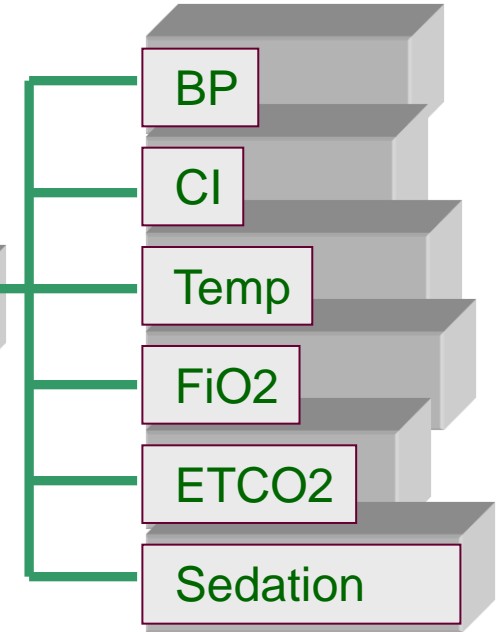


Integrated NICU Multimodality System of the Future

Physiologic Brain Health



Physiologic Drivers

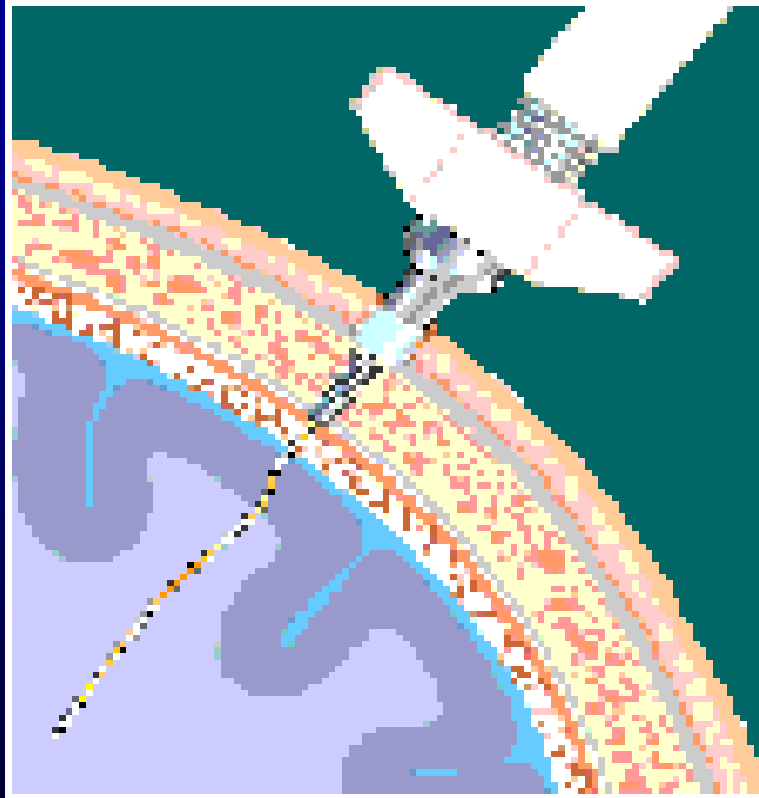




**Real Time Physiologic
Interrelationships**

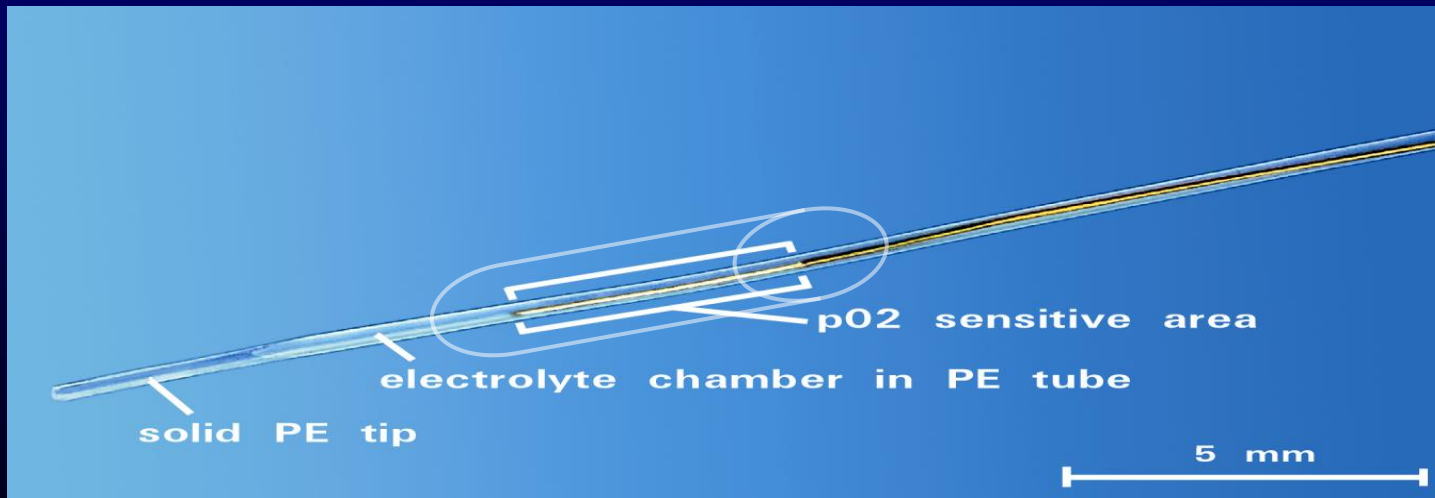
PO
"Da

Brain Oxygen Tension Monitoring: LICOX



Licox Sensor

- Probe properties
 - Solid tip for tissue displacement
 - Clark electrode (battery)
 - **pO₂ sensitive area is 14 mm³**
 - Normal PbrO₂ 40 mm Hg

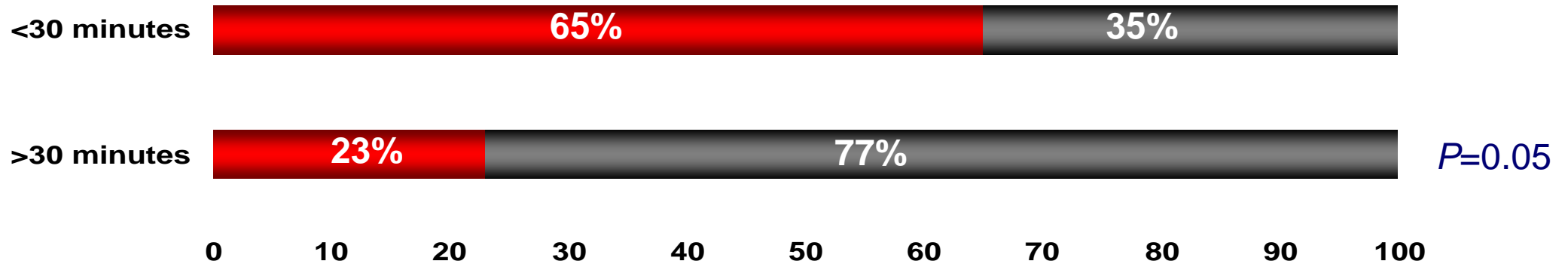


Effect of Brain Tissue Hypoxia on Outcome Subarachnoid Hemorrhage

DURATION OF
CRITICAL
HYPOXIA: <10
MM HG

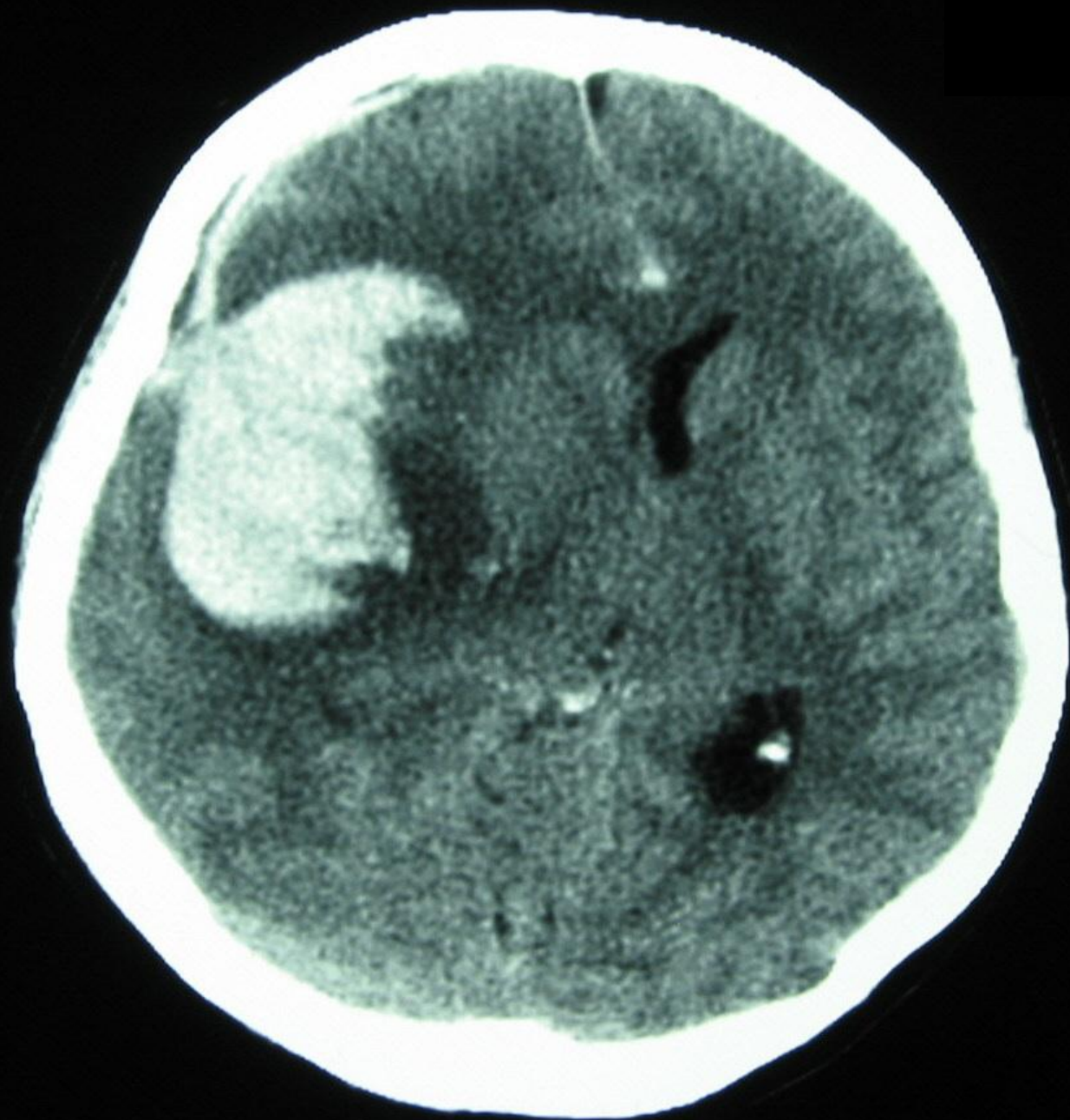
Good Outcome

Poor Outcome



LICOX

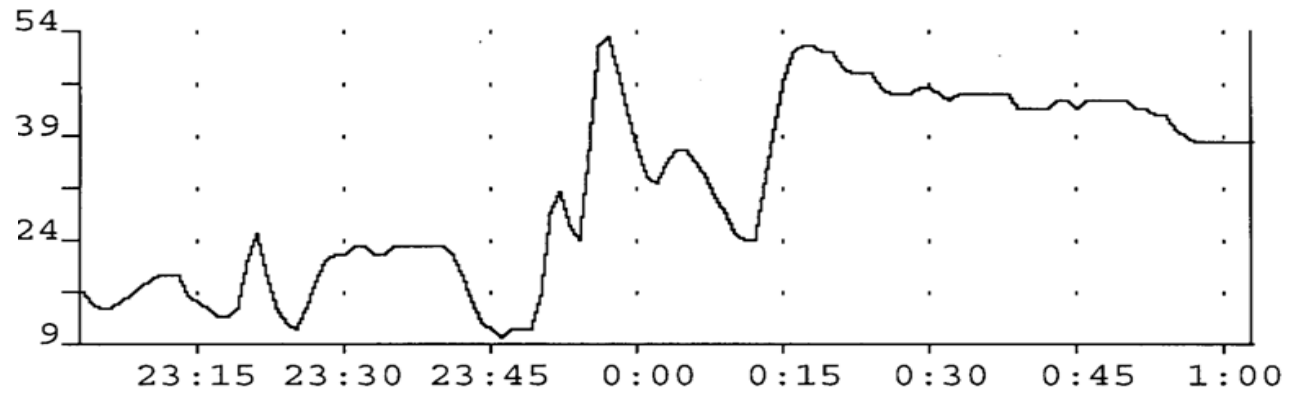
- **PbrO₂ Levels Integrate Oxygen**
 - **DELIVERY** ← **CPP/MAP**
 - **DIFFUSION** ← **Osmotherapy**
 - **CONSUMPTION** ← **Sedation, Cooling**
- **Variables that Influence Blood O₂ Content**
 - **FiO₂**
 - **Hemoglobin**



PbrO2

mm Hg

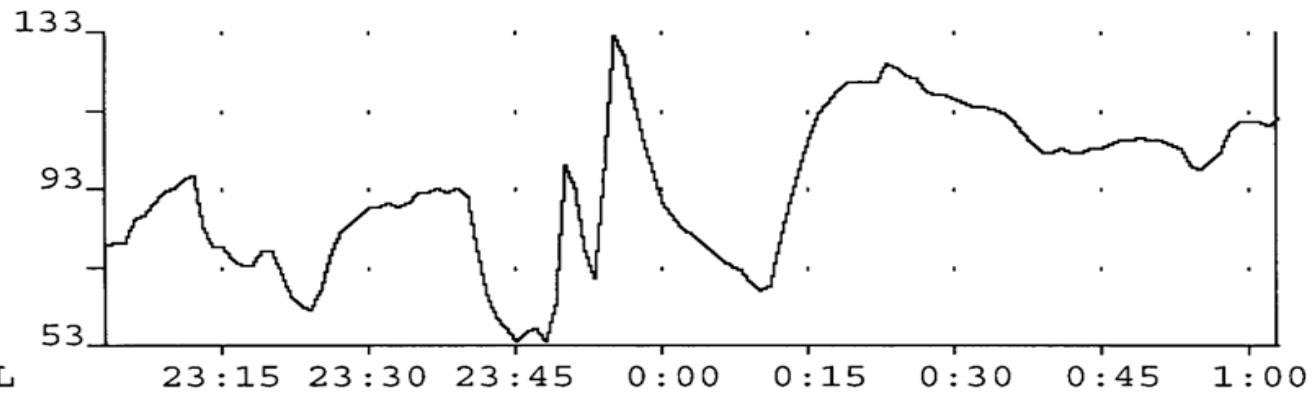
09 JUL



CPP

mm Hg

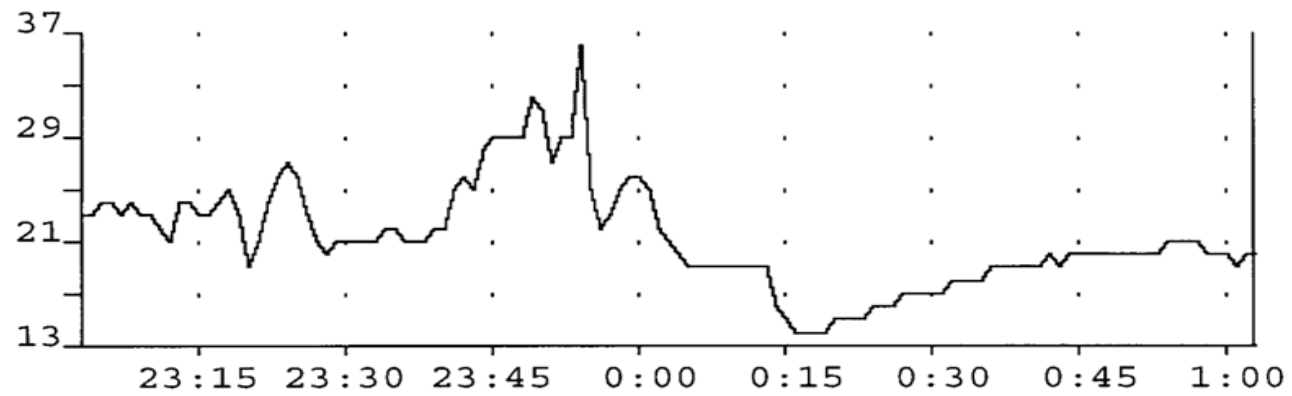
09 JUL



ICP

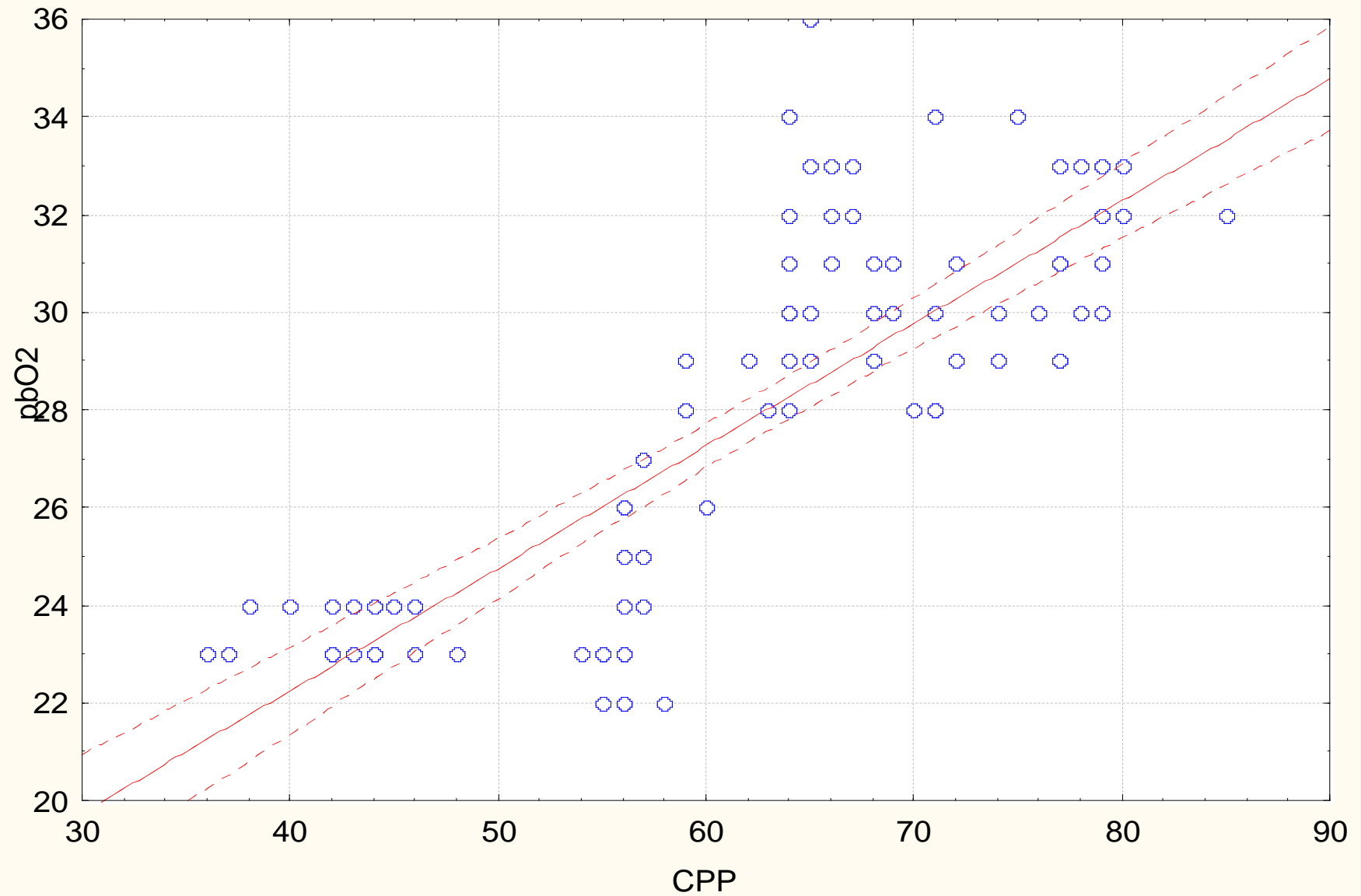
mm Hg

09 JUL

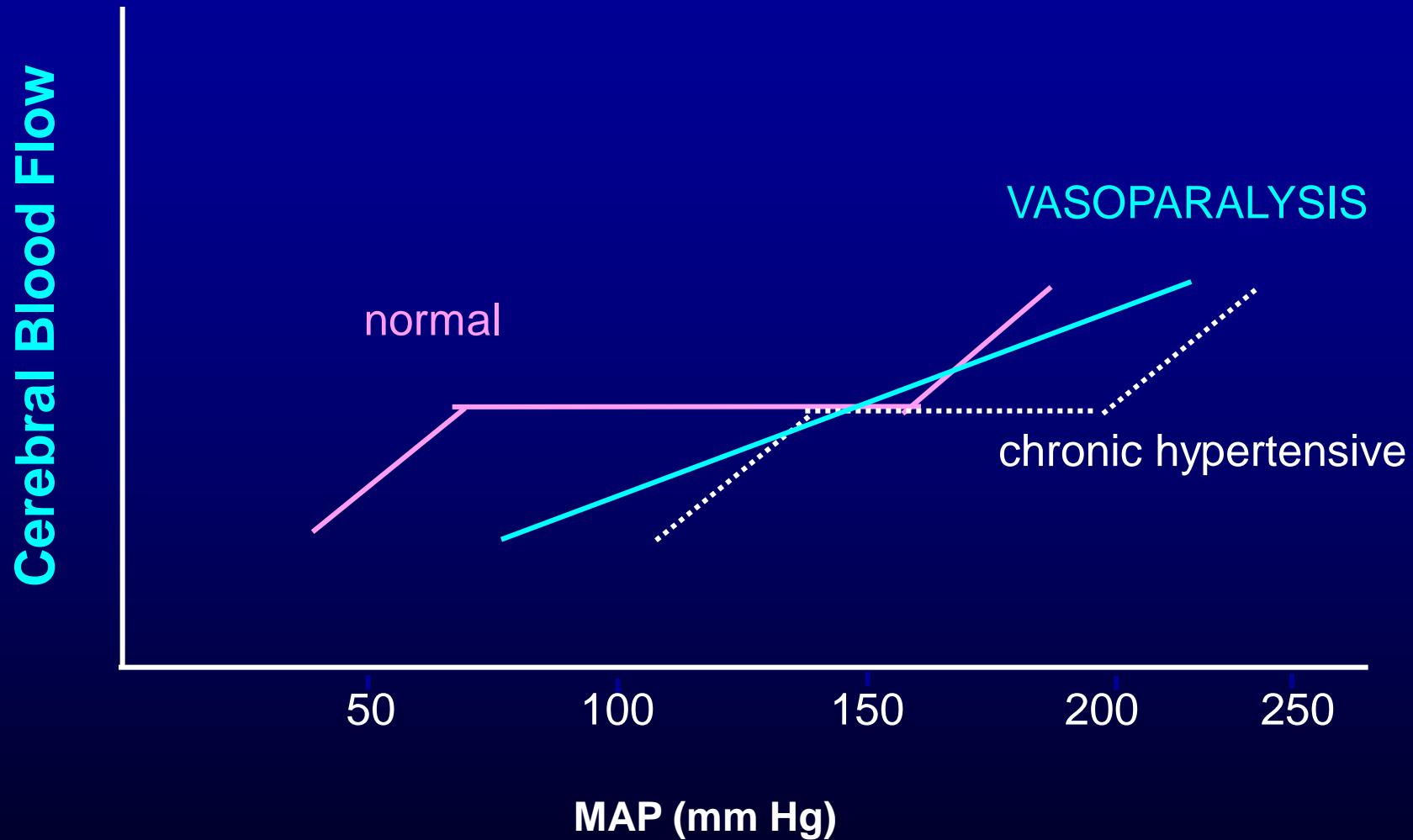


Scatterplot of Cerebral Perfusion Pressure by Brain Oxygen
Time Period 900-1000 Minutes

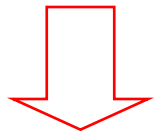
$r^2 = 0.6934$



Cerebral Autoregulation



Cerebral Microdialysis



DIALYSATE IN



BRAIN

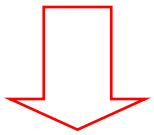


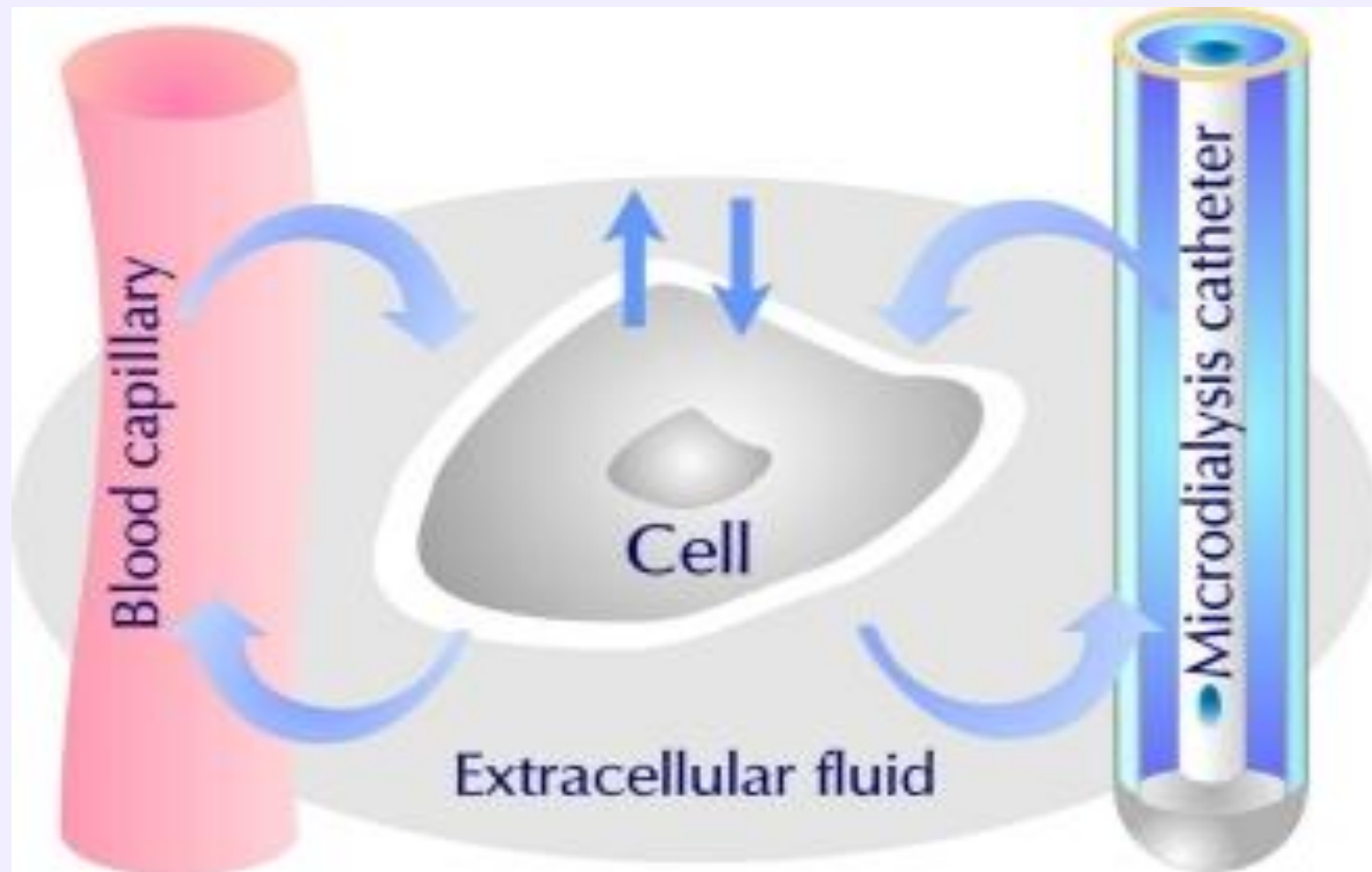
PUMP

CMA 107
Microdialysis Pump



RECEPTACLE:
Dialysate Out

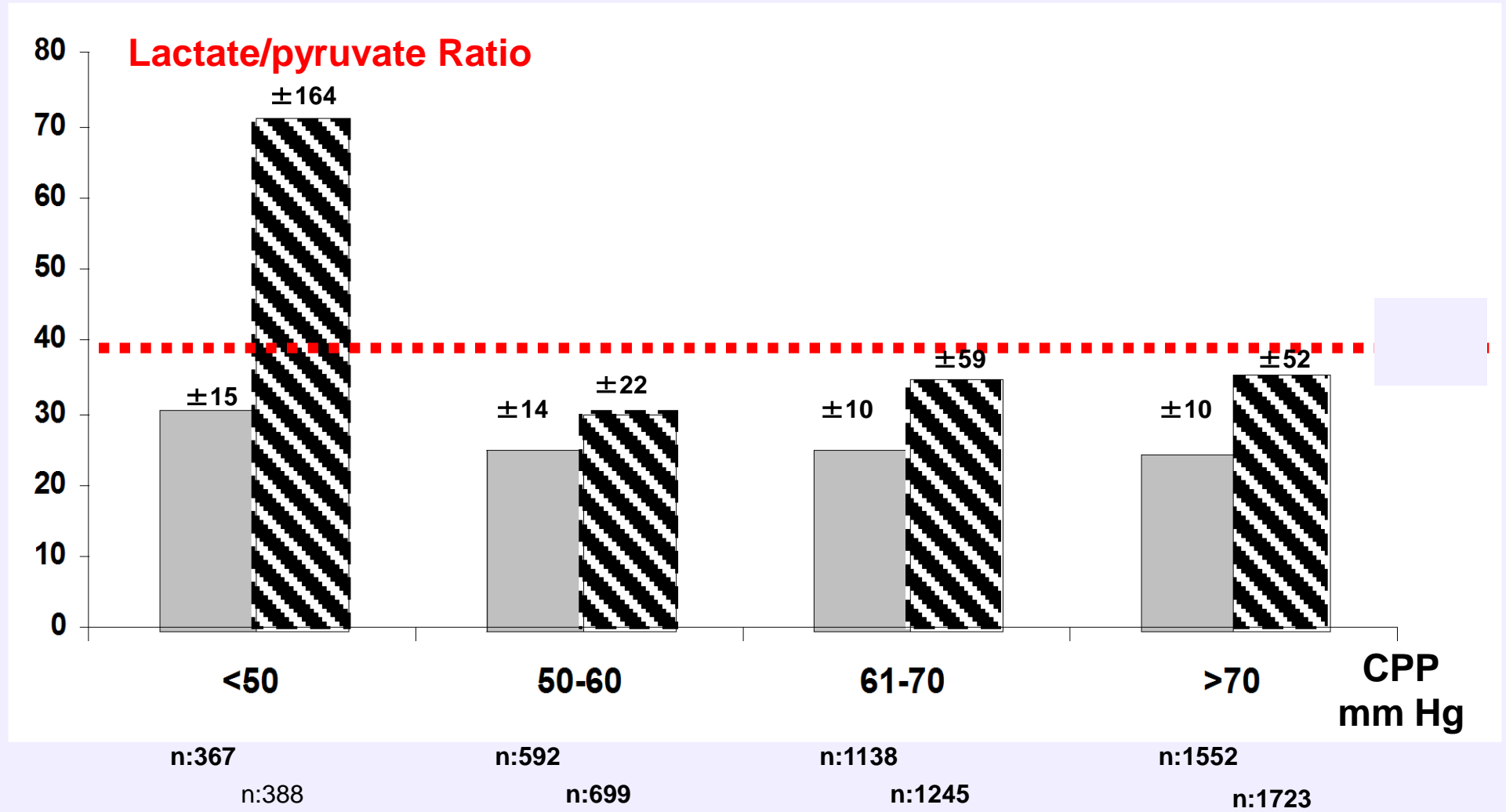




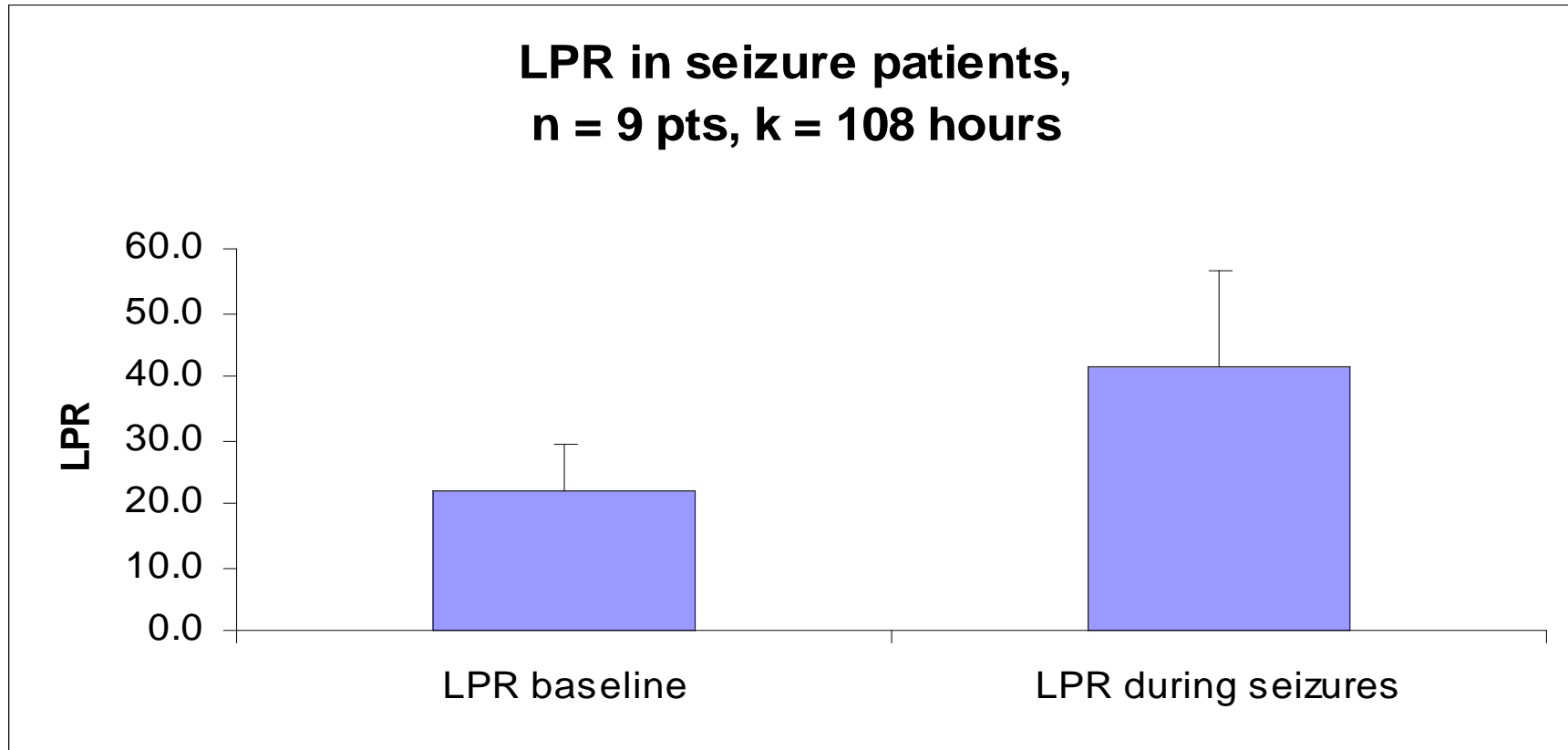
MICRODIALYSIS

- **FDA & EU APPROVED**
 - **GLUCOSE**
 - **LACTATE**
 - **PYRUVATE**
- **EU APPROVED**
 - **GLYCEROL**
 - **GLUTAMATE**

Brain lactate/pyruvate ratios **INCREASE** in injured tissue when CPP is critically compromised below 50 mm Hg



Increase in extracellular LPR with nonconvulsive seizures



COURTESY PAUL VESPA, MD

NEUROMONITORING BUNDLE

TRIPLE LUMEN BOLT

✧ ICP

✧ LICOX

✧ MICRODIALYSIS

BURR HOLE

✧ EEG DEPTH ELECTRODE

✧ HEMEDEx (BOWMAN) CBF

DISCOVERIES

Based on Multimodality Monitoring
Columbia Neuro-ICU

2006 – 2012

N = 140

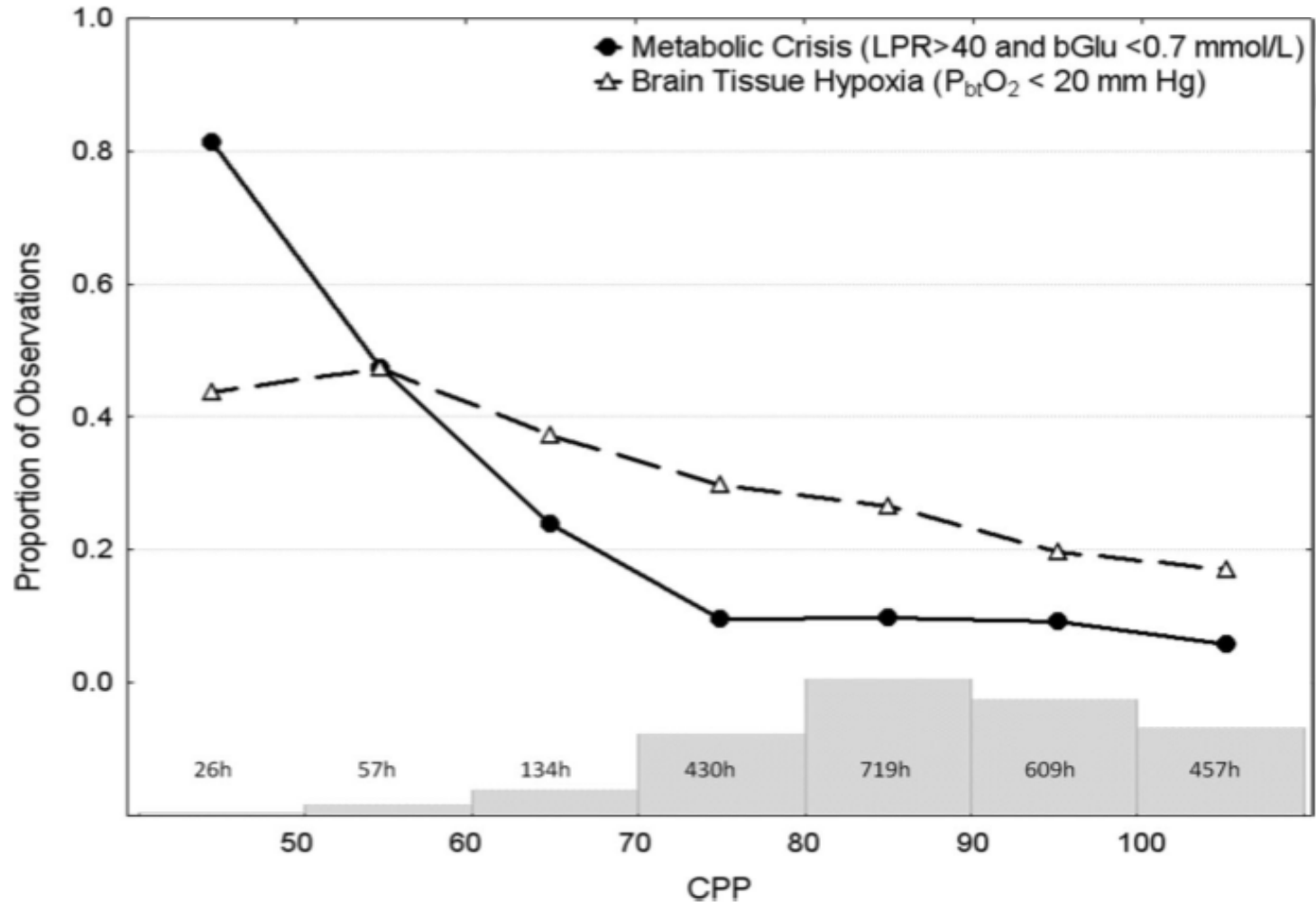
PbtO₂ often passively varies with fluctuations in CPP and can serve as an endpoint for **goal-directed therapy**

Ko S-B, et al: **Multimodality Monitoring for Cerebral Perfusion Pressure Optimization in Comatose Patients with Intracerebral Hemorrhage** *Stroke* 2011

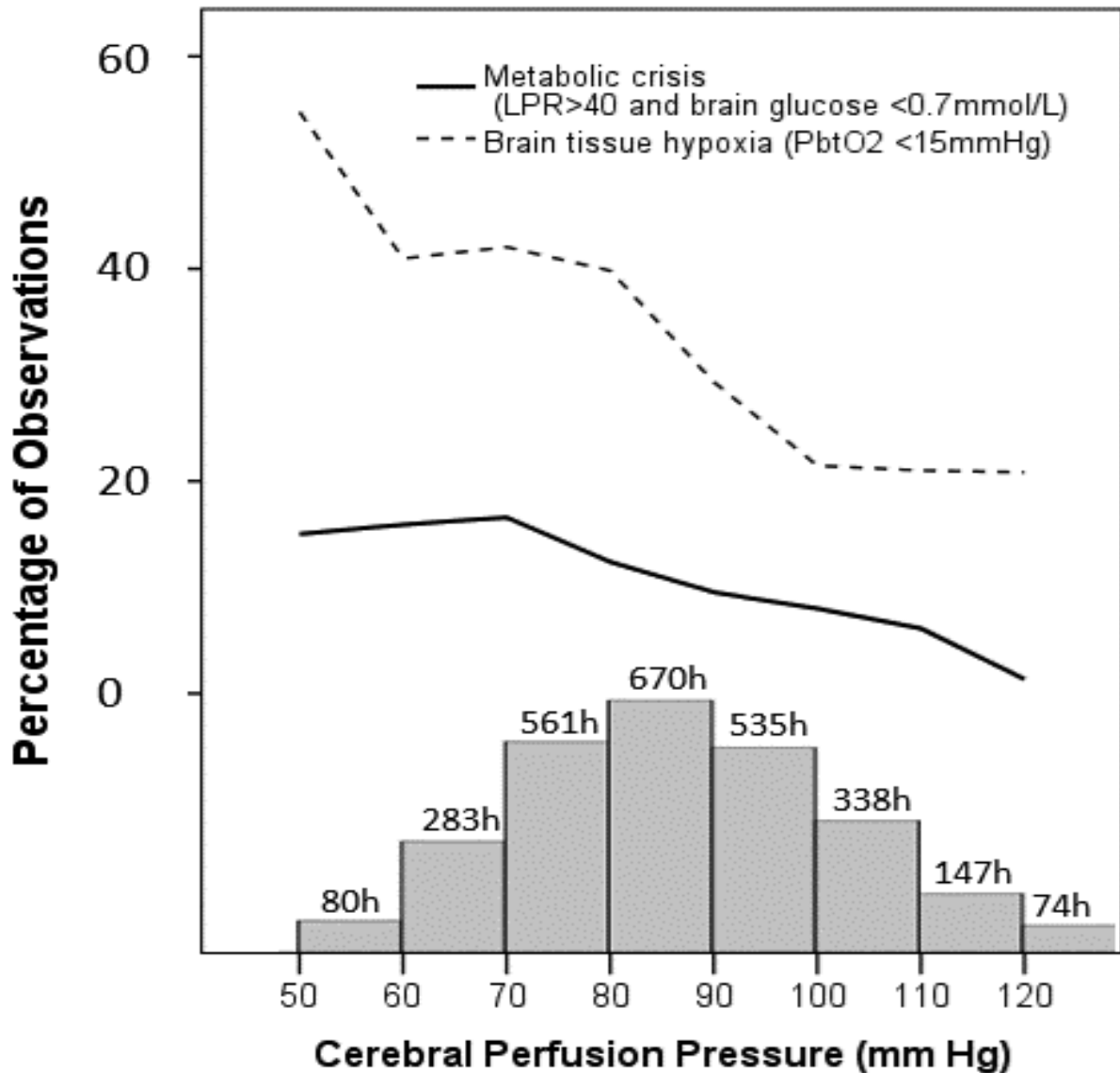
Schmidt JM. Et al: **Blood pressure thresholds for brain tissue hypoxia and metabolic crisis after poor-grade subarachnoid hemorrhage.** *Stroke* 2011



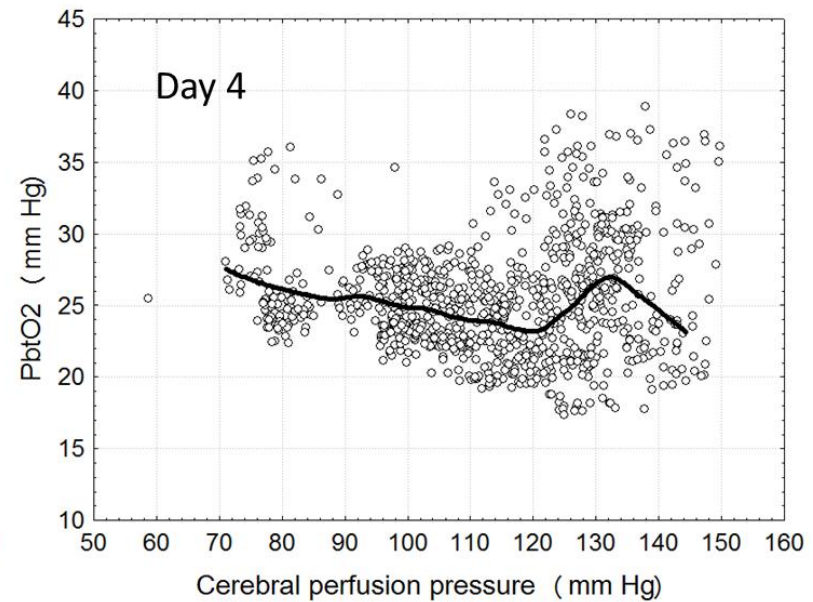
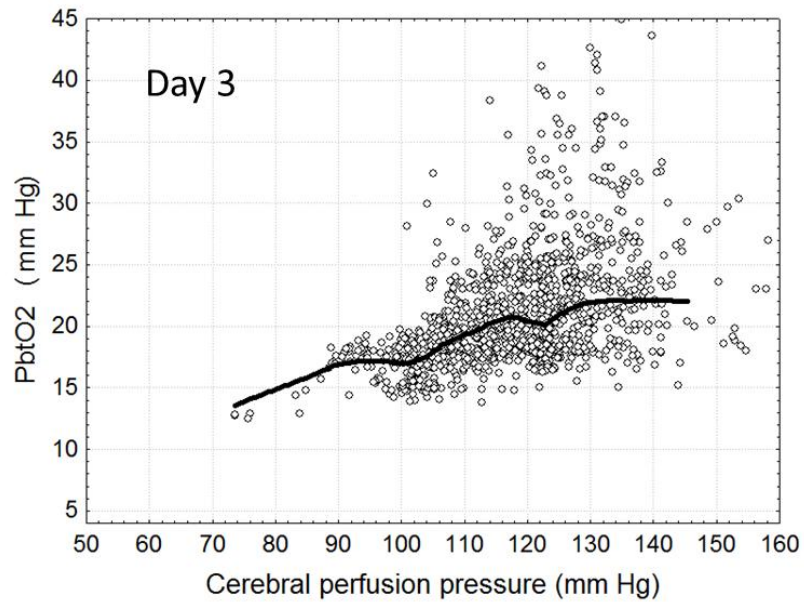
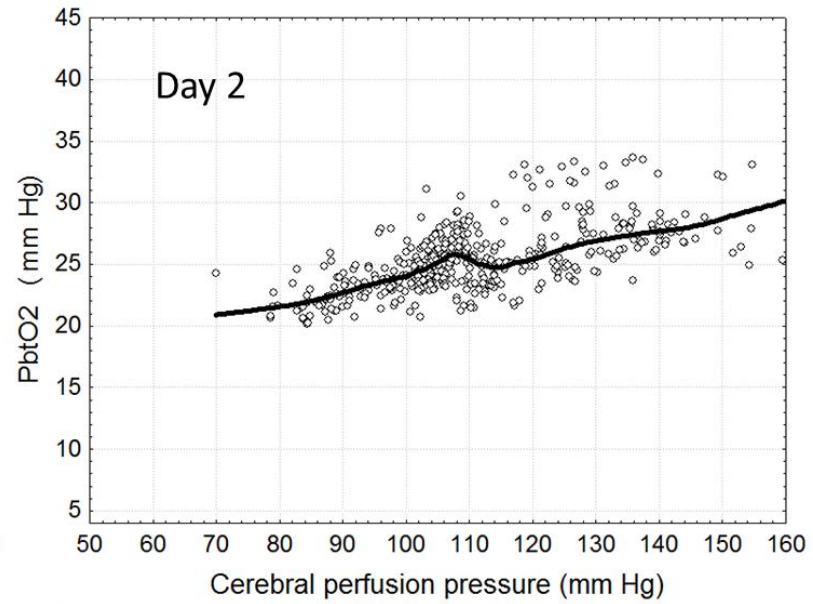
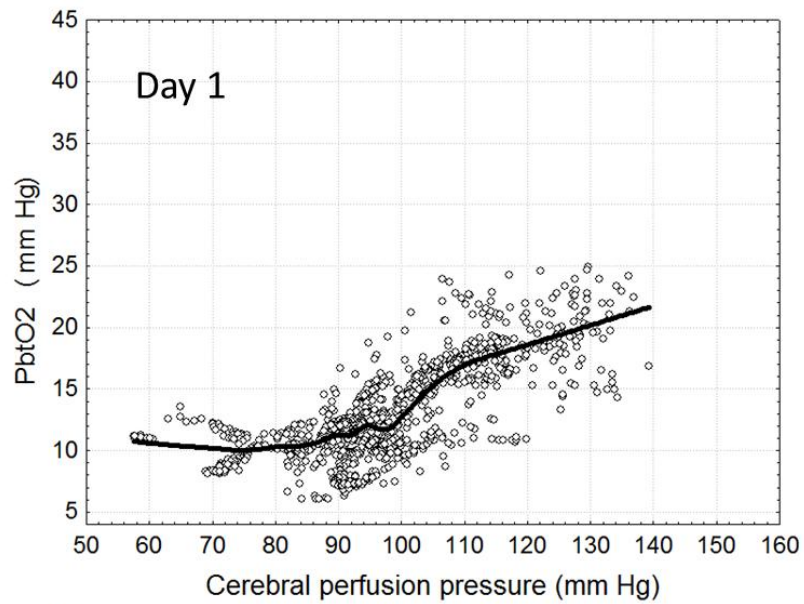
Metabolic Crisis and Brain Tissue Hypoxia *Increase* when CPP is <70 mm Hg in Poor-Grade SAH



Schmidt JM. Et al: Blood pressure thresholds for brain tissue hypoxia and metabolic crisis after poor-grade subarachnoid hemorrhage. *Stroke* 2011

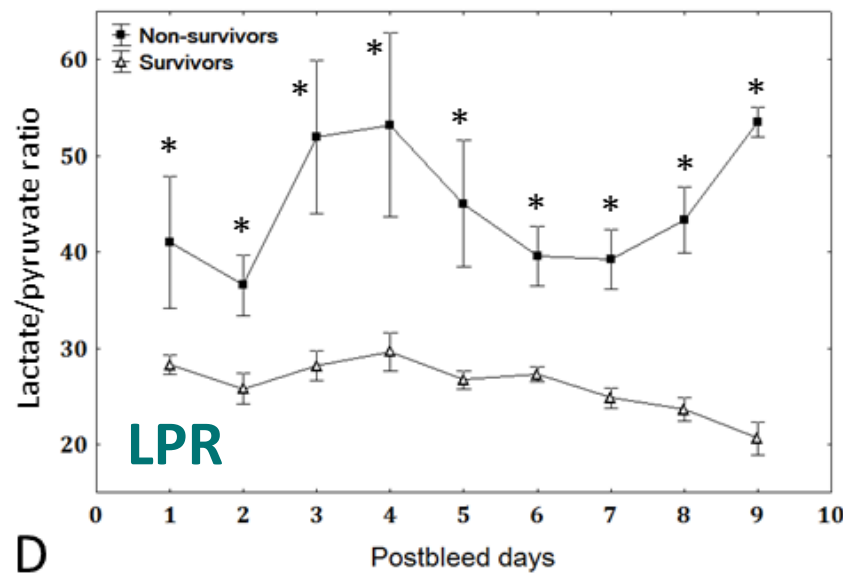
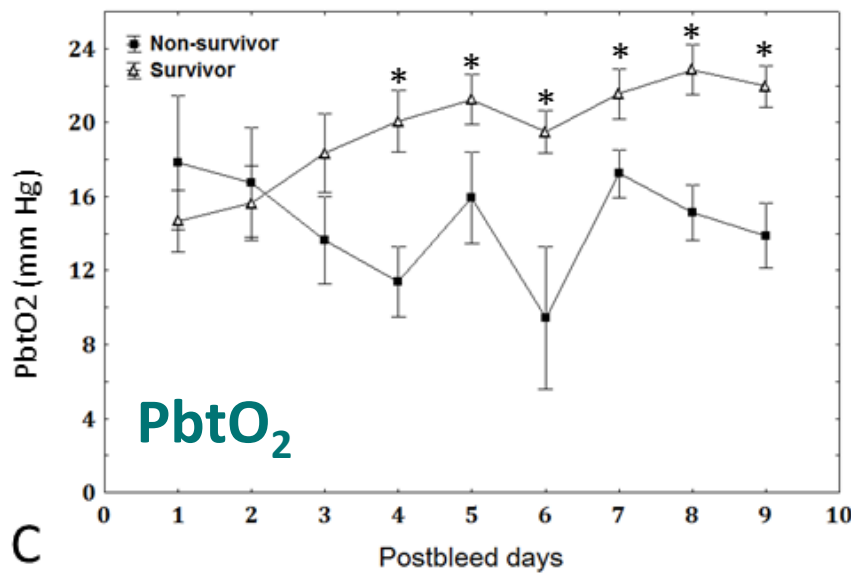
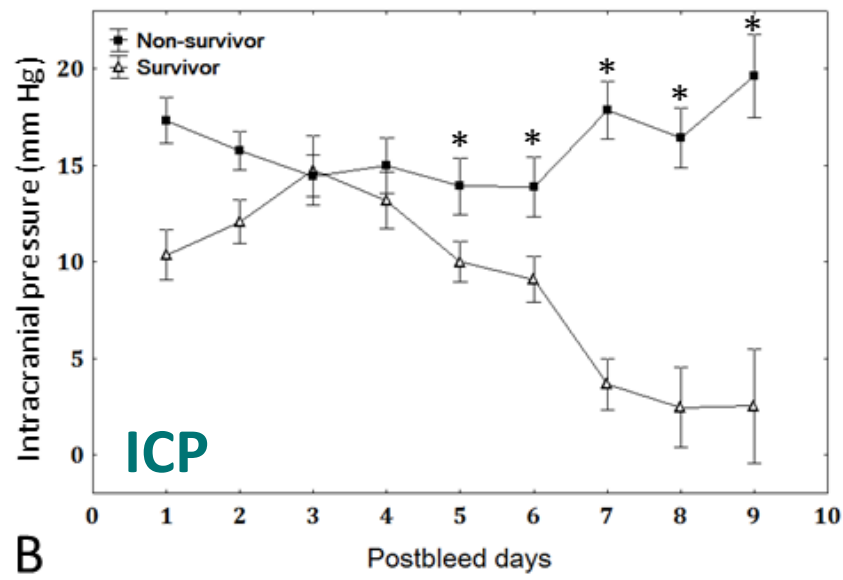
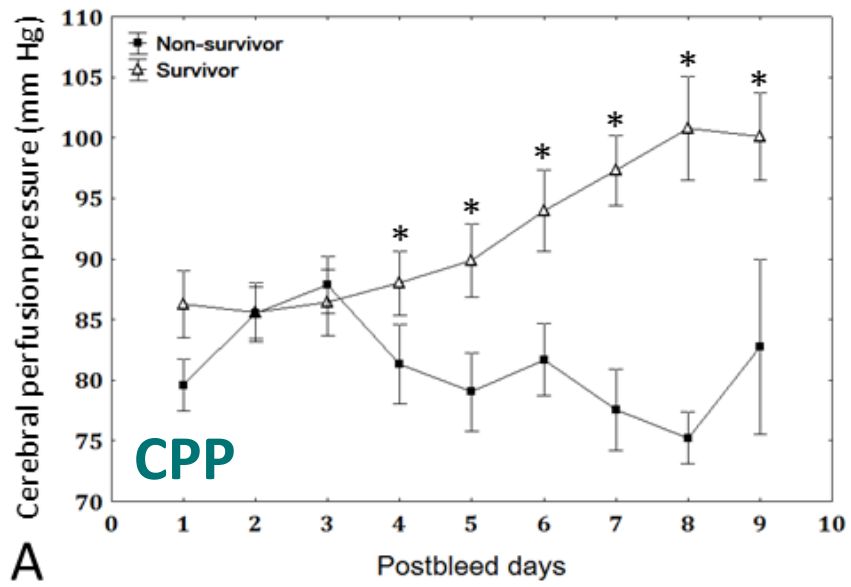


Brain Tissue Hypoxia and Metabolic Crisis Increase with Lower CPP in Comatose Patients with ICH



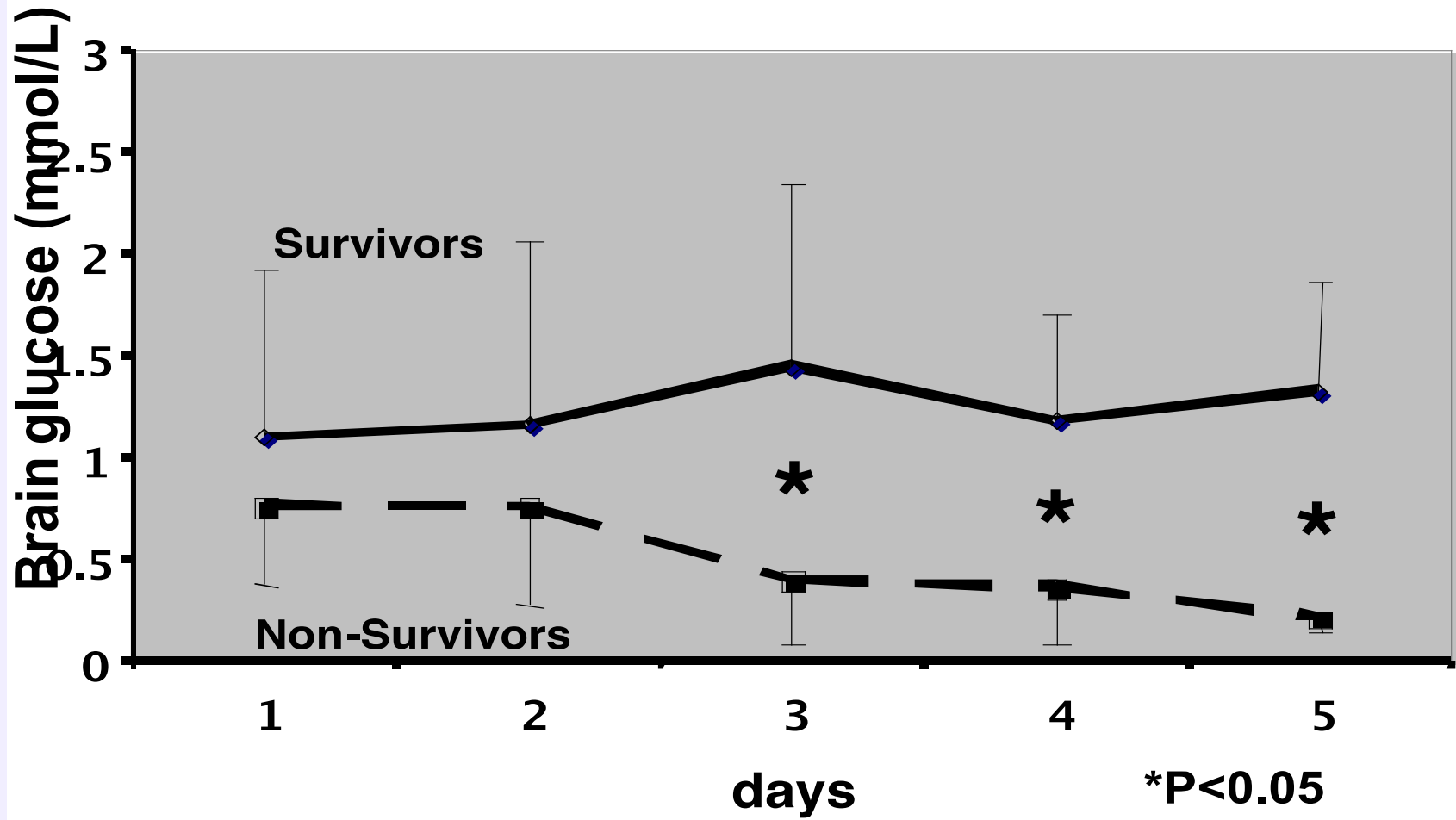
IMAGING AUTOREGULATORY FAILURE AND ITS NORMALIZATION

Comatose ICH Survivors: Lower ICP & LPR, Higher CPP & PbtO₂



The “best practice” of intensive insulin infusion for tight glycemic control in brain injured patients is associated with **critical brain hypoglycemia**

Oddo M, et al: **Impact of insulin therapy on brain glucose levels after severe brain injury: a microdialysis study.** *Crit Care Med* 2008;36:3233-3238.



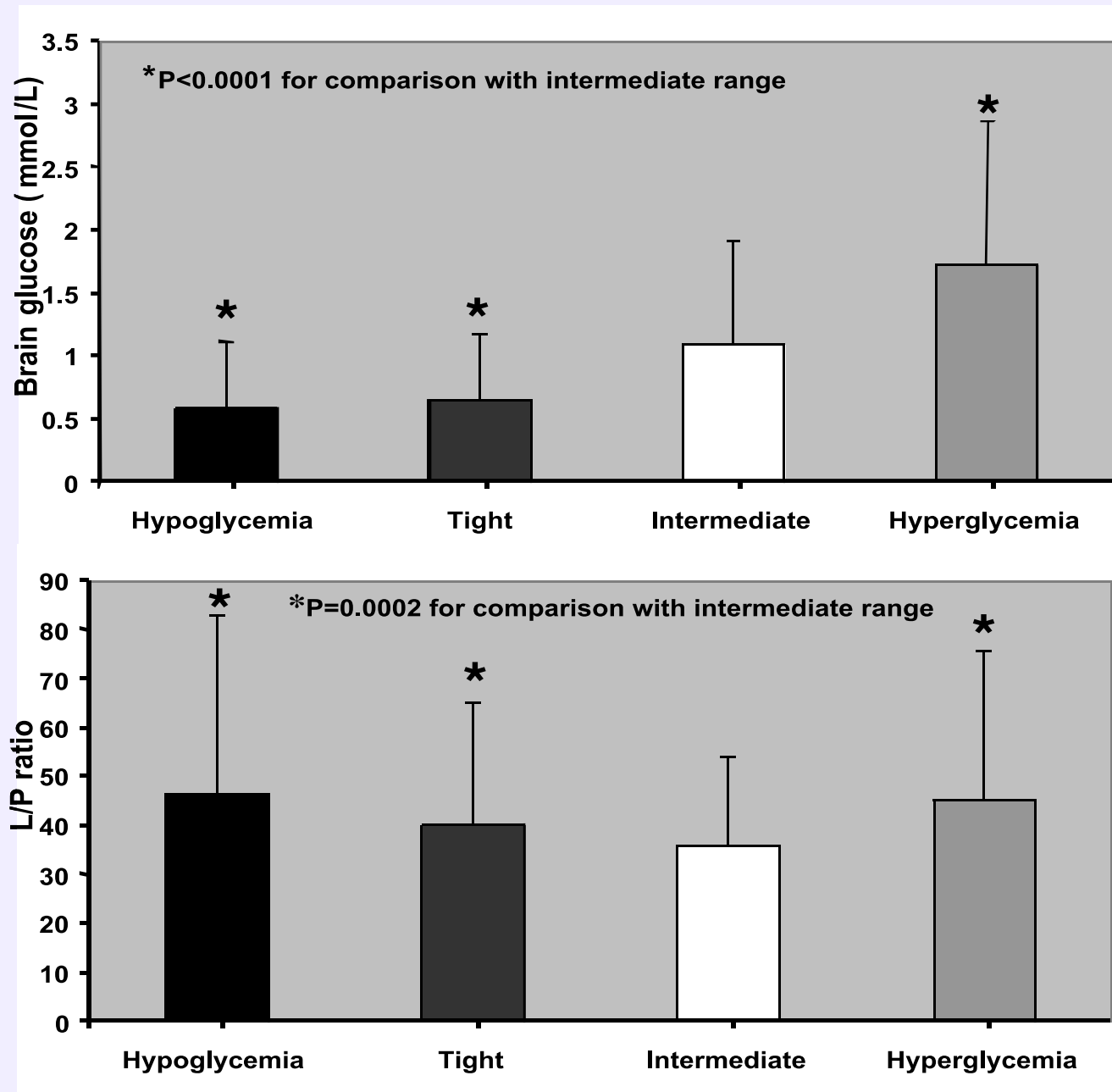
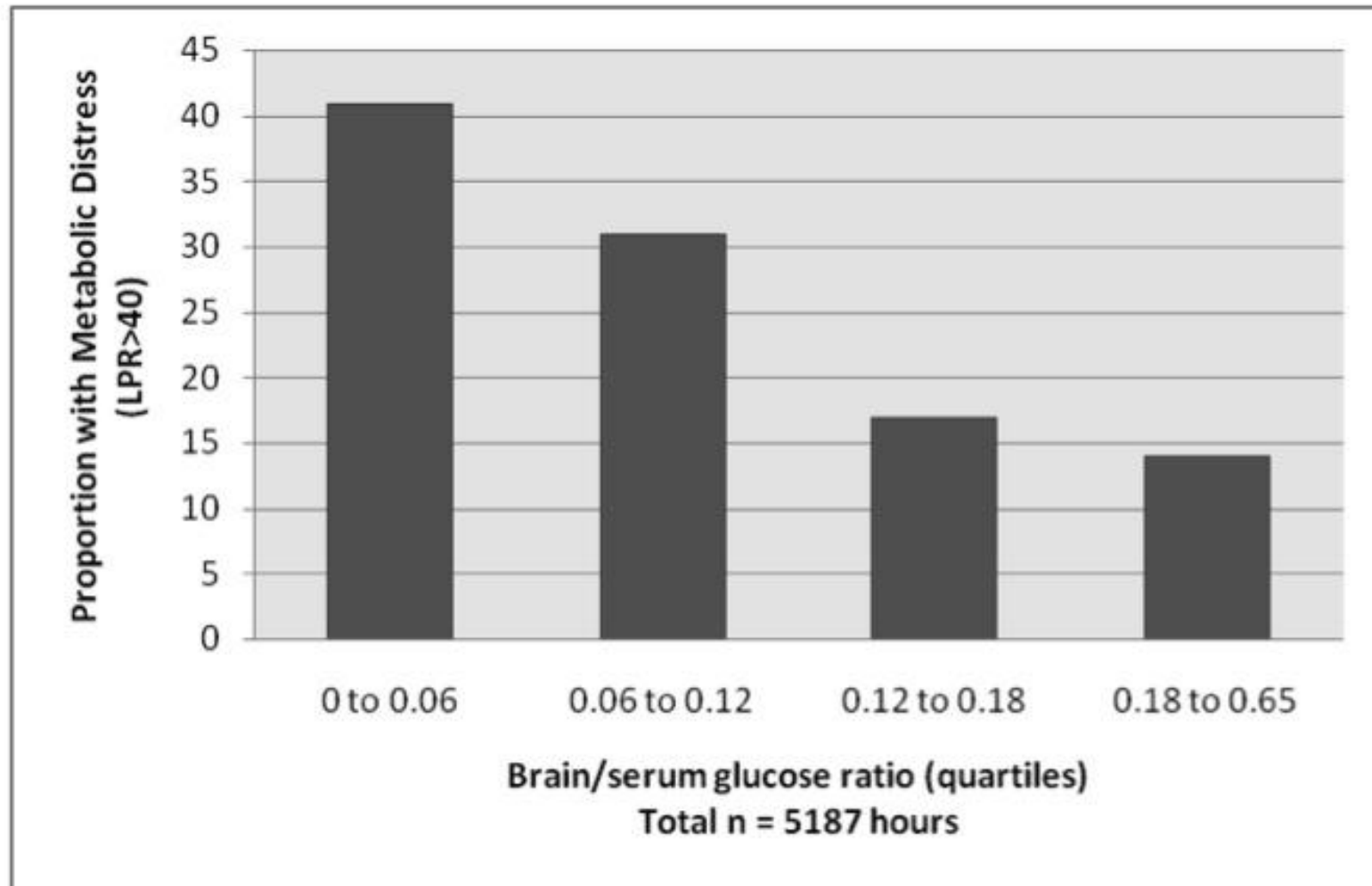


Figure 1.

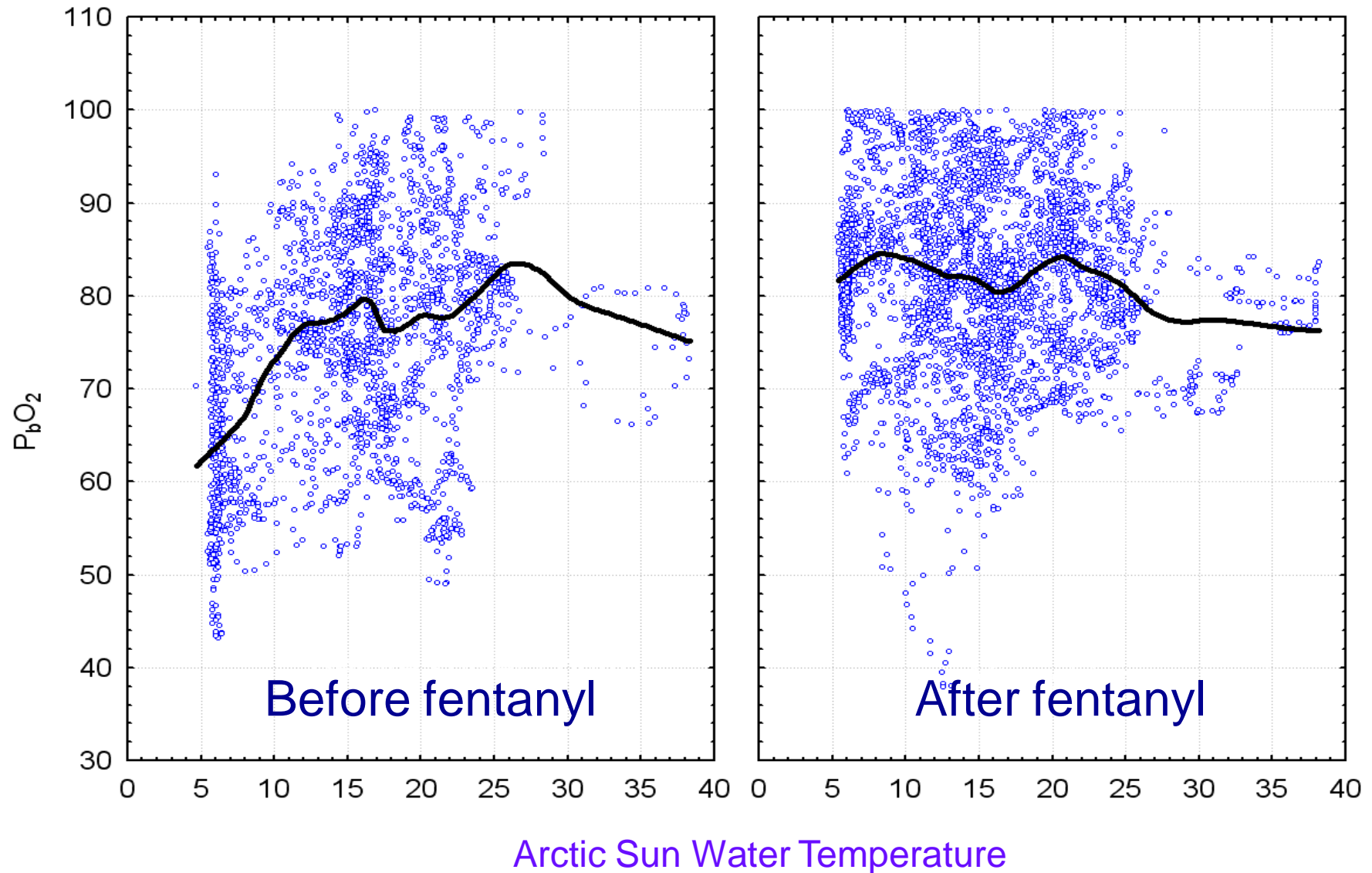


Kurtz, et al: **Reduced Brain/Serum Glucose Ratios Predict Metabolic Distress and Mortality after Severe Brain Injury.** Int Care Med (submitted)

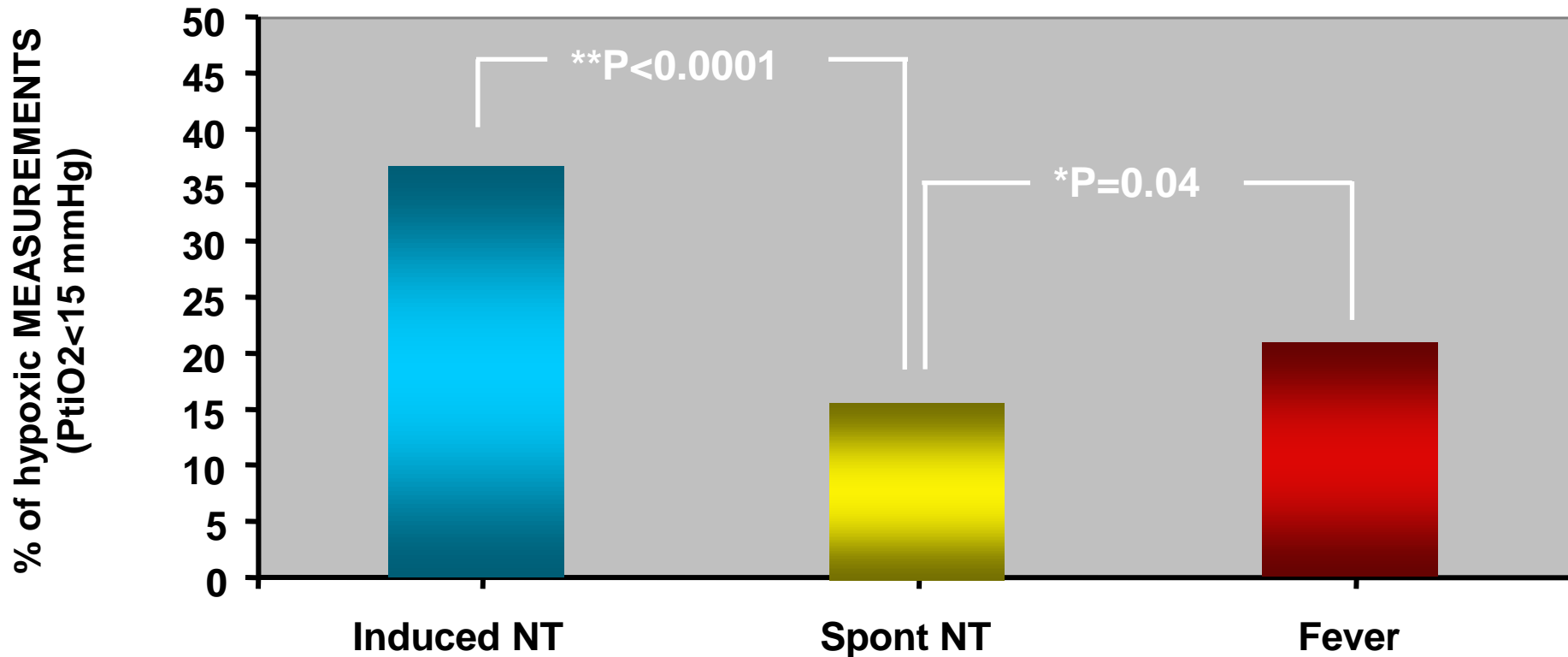
Fever reduces brain tissue oxygen levels – but cooling with inadequate control of shivering makes the brain hypoxia even worse!

Oddo M, Badjatia N et al. **Effect of induced cooling on brain tissue oxygenation after severe brain injury** (in preparation)

Impact of Shiver control on brain oxygenation



Brain hypoxia is increased with induced normothermia



Oddo M, et al, **Effect of induced normothermia on brain tissue oxygenation after subarachnoid hemorrhage** (in preparation)

Columbia Anti-Shivering Protocol



neurocritical Neurocrit Care

care
society

DOI 10.1007/s12028-010-9474-7

ORIGINAL ARTICLE

Prevention of Shivering During Therapeutic Temperature Modulation: The Columbia Anti-Shivering Protocol

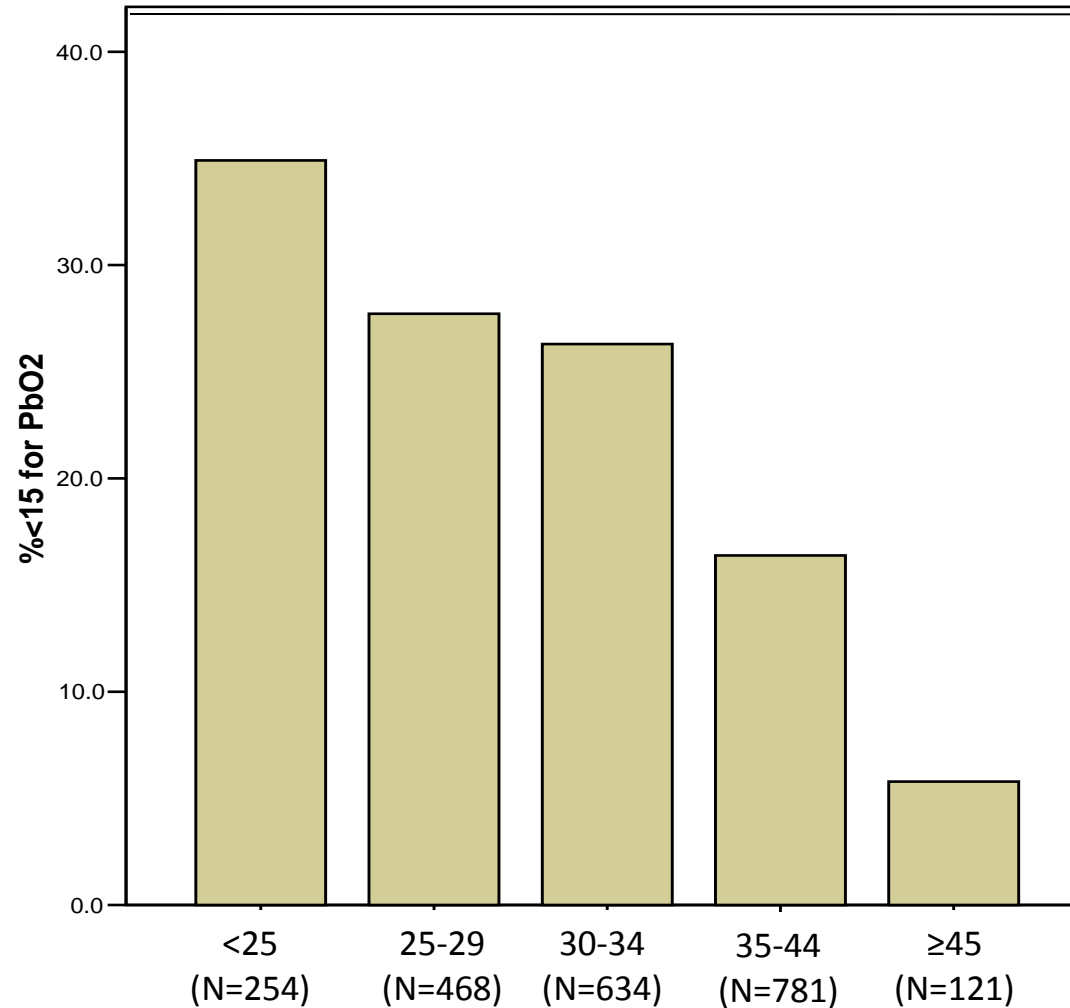
**H. Alex Choi • Sang-Bae Ko • Mary Presciutti • Luis Fernandez •
Amanda M. Carpenter • Christine Lesch • Emily Gilmore • Rishi Malhotra •
Stephan A. Mayer • Kiwon Lee • Jan Claassen • J. Michael Schmidt •
Neeraj Badjatia**

**Emphasizes skin counterwarming and magnesium →
dexmedetomidine → conventional analgosedation**

**Severe unintentional
central hyperventilation
is a common and unrecognized of
critical brain tissue hypoxia**

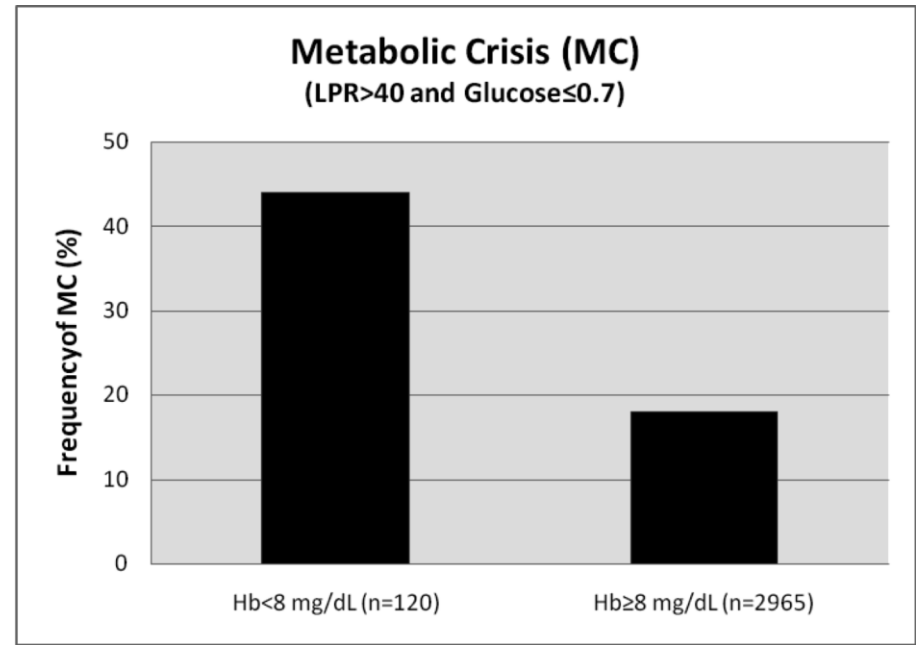
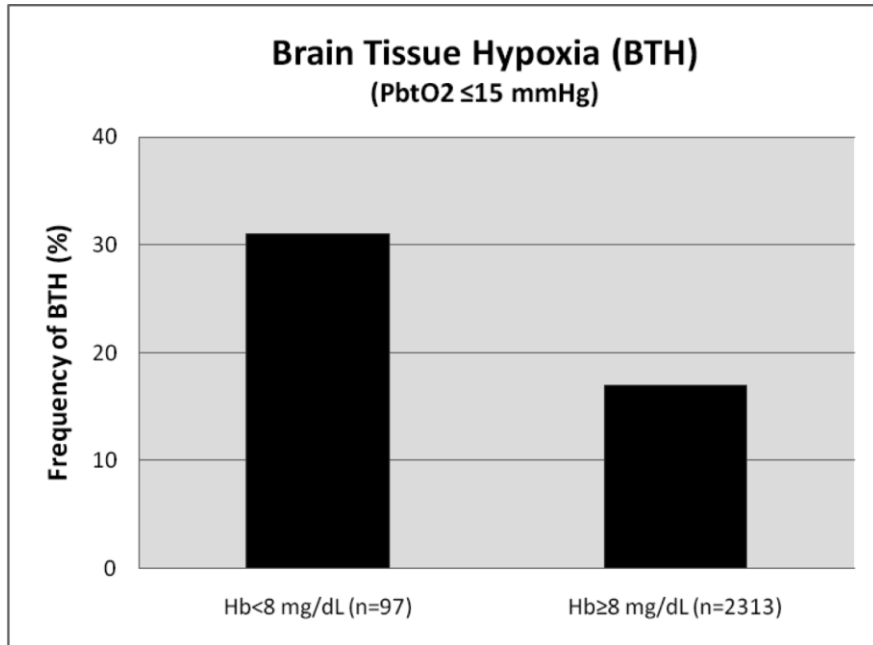
Carrera E: Hyperventilation and Brain Tissue Hypoxia in Patients with Severe Brain Injury. JNNP 2011

Frequency of Brain Tissue Hypoxia (PbtO₂ < 15 mmHg) Related to Concurrent EtCO₂



Mild levels of **anemia** considered acceptable in MICU patients are associated with reduced brain tissue oxygen levels in neurological patients

Kurtz P, et al: **Anemia is associated with brain tissue hypoxia and metabolic crisis after severe brain injury.** *Crit Care Med* (in preparation)



Brain Tissue Hypoxia and Metabolic Crisis is Associated With Hb Levels <8.0 mg/dl

Insertion of an EEG depth electrode
in comatose patients reveals
previously
“hidden” seizure activity
in one-third of patients

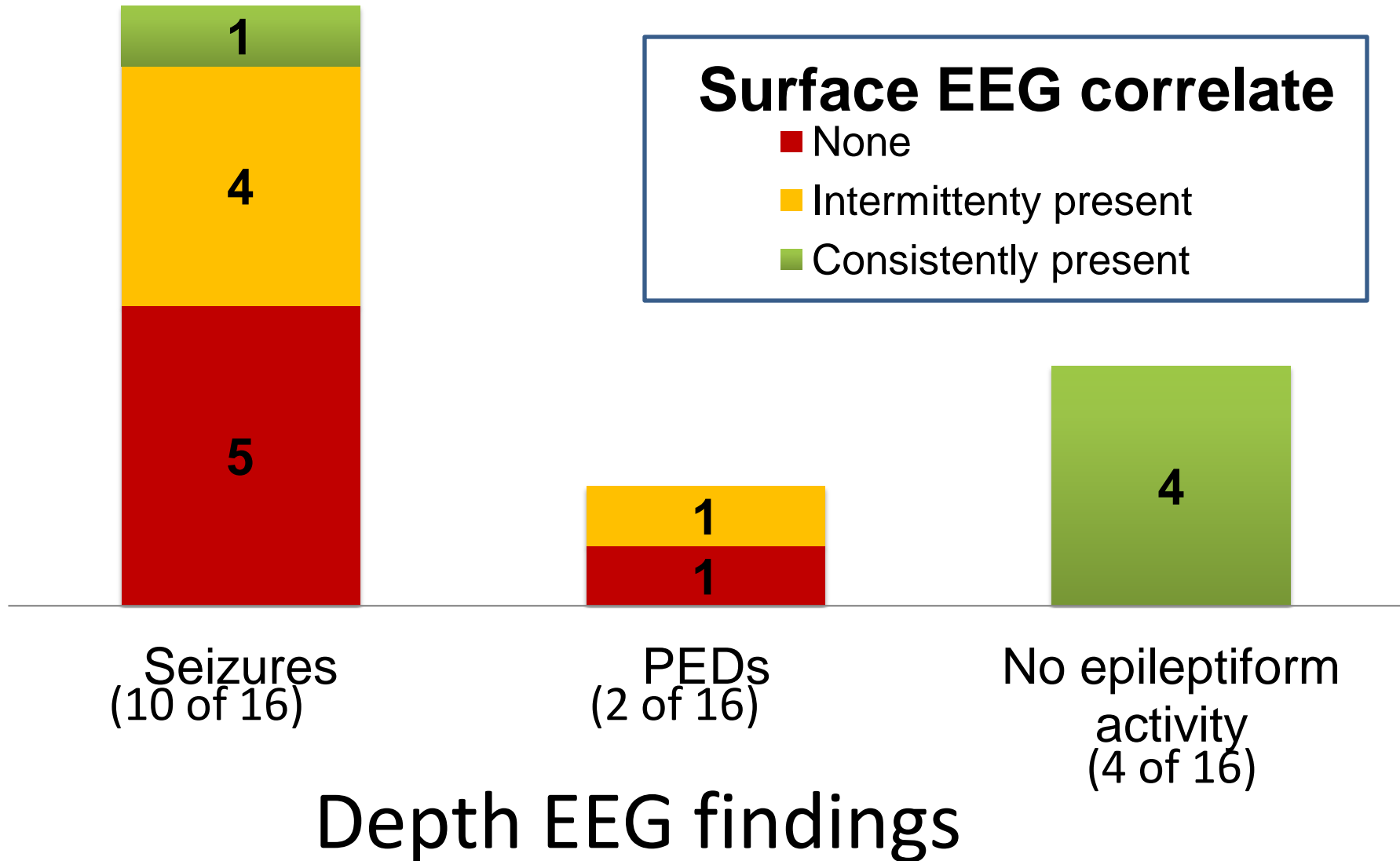
Waziri A, et al: **Intracortical electroencephalography in acute brain injury.** *Ann Neurol* 2010

Seizures on the depth without scalp correlate

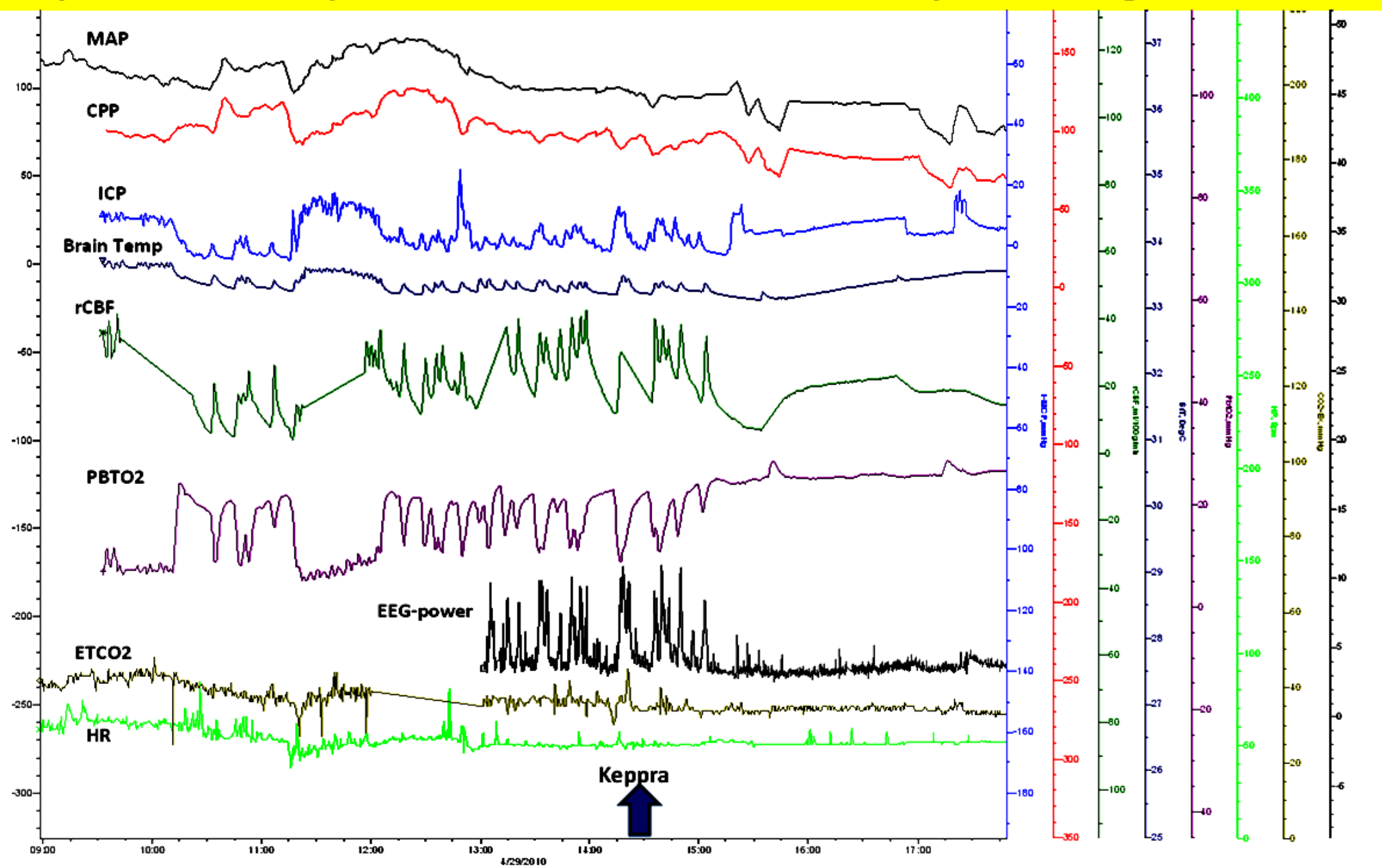
74 yo woman with SAH (HH grade III)



Ability of surface EEG to detect depth TCME findings



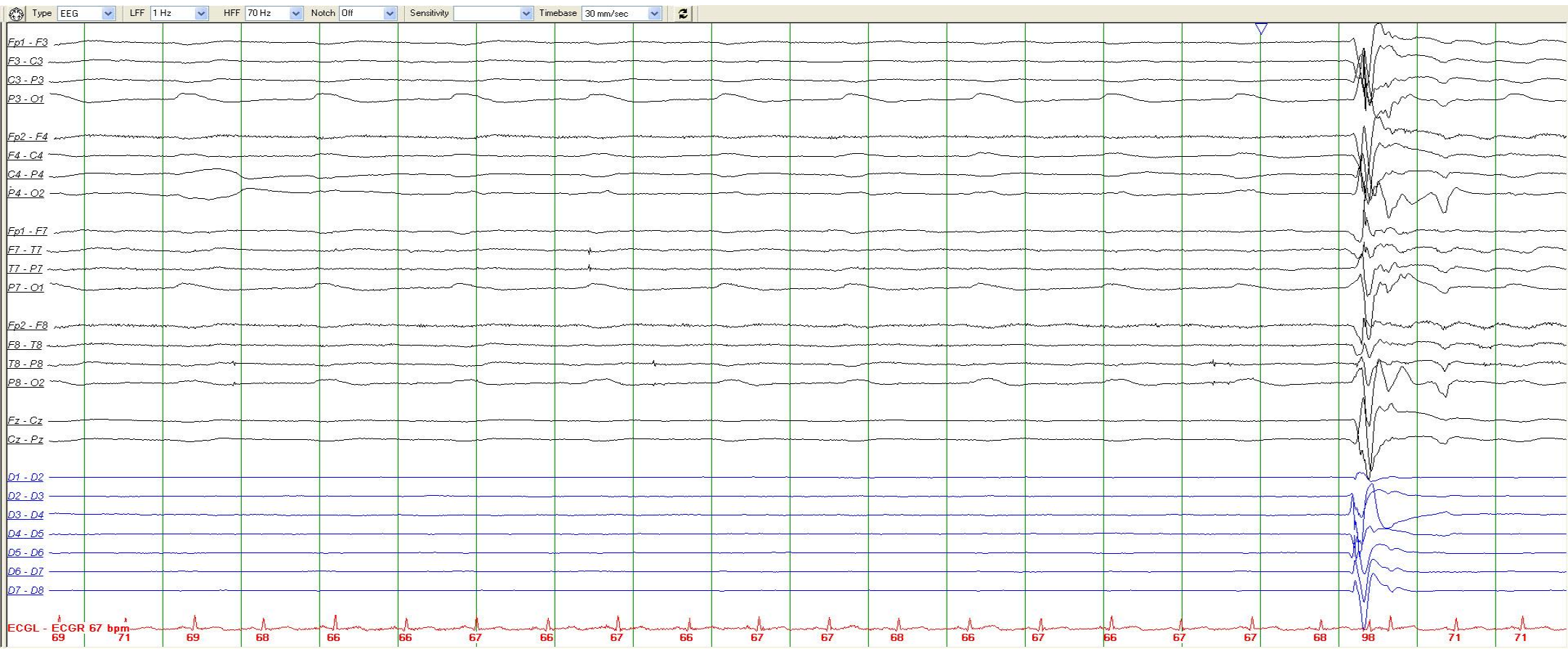
80 year-old man s/p PEA arrest GCS-3 with bilateral eye twitching



27 year old
man with
asthma
leading to
respiratory
failure and
cardiac arrest

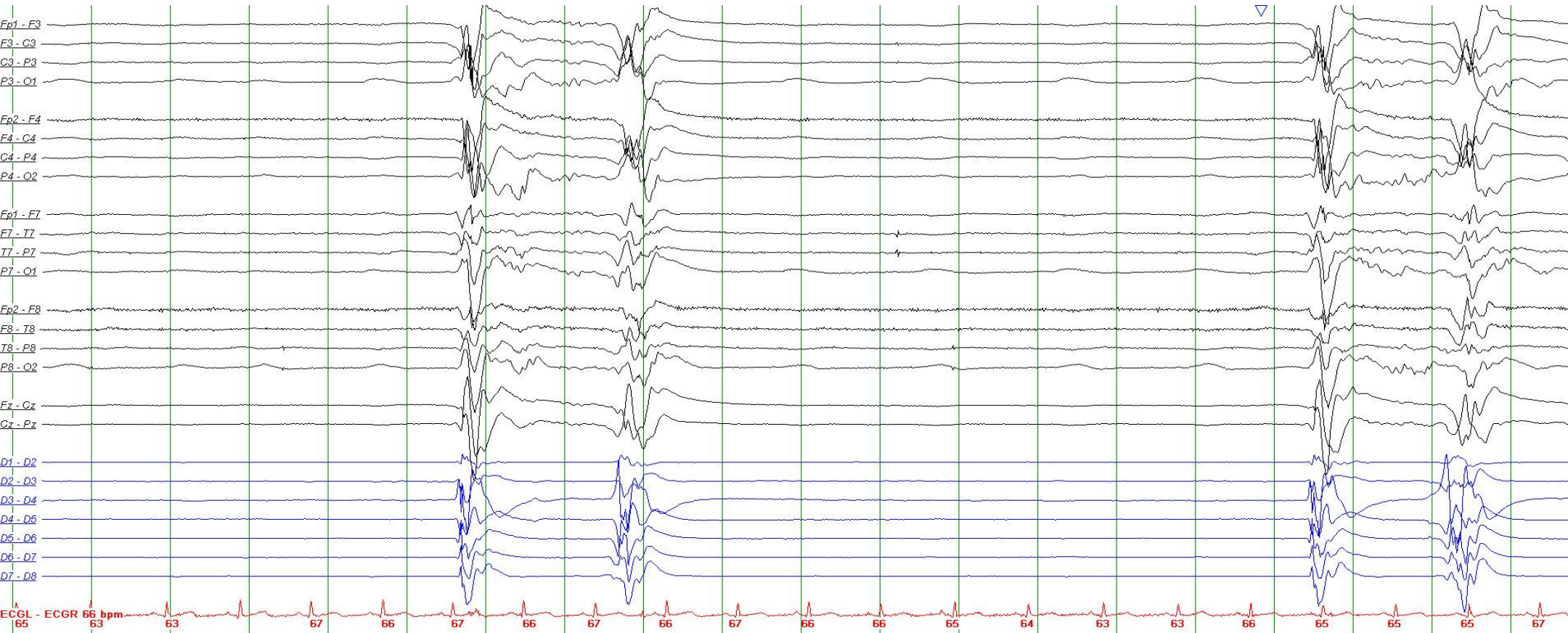


EEG



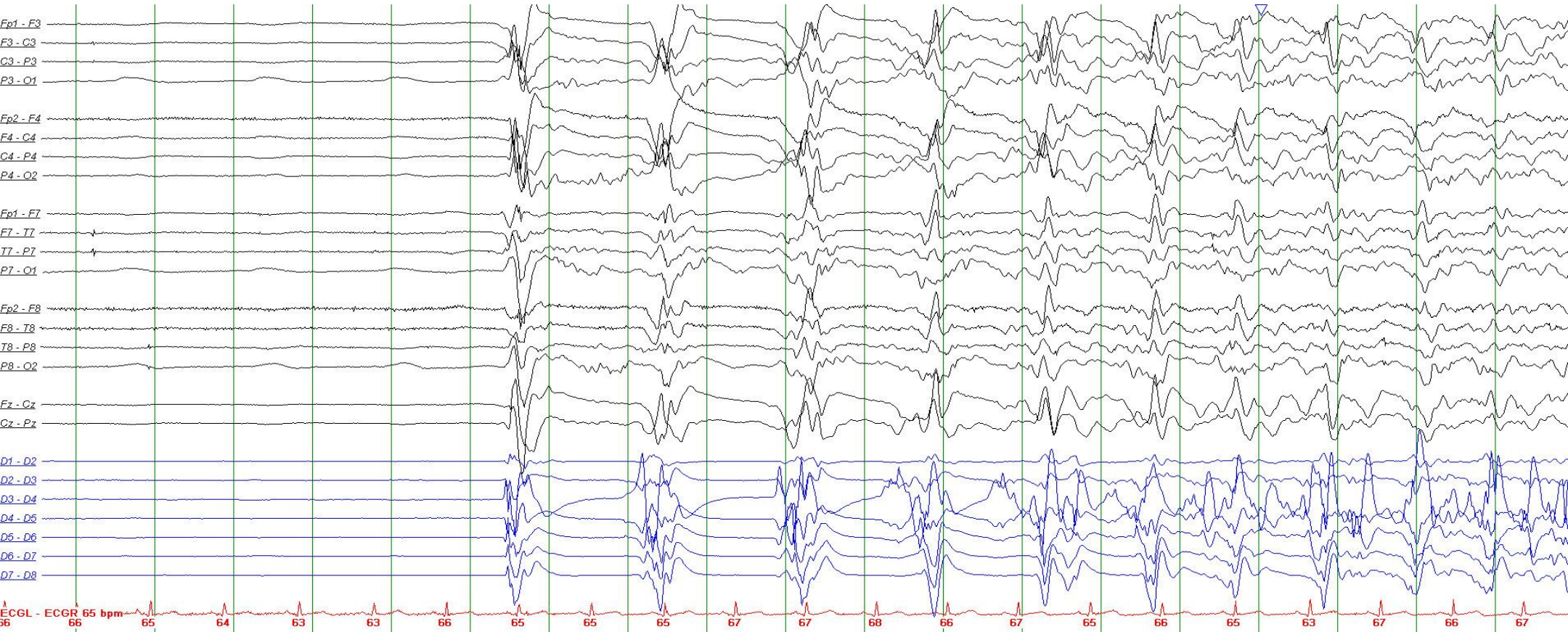
Initially, the background demonstrates diffuse suppression punctuated by generalized bursts corresponding clinically to myoclonus. Scalp electrodes are seen on top (sensitivity 7 $\mu\text{V}/\text{mm}$) and right frontal depth electrodes are seen in blue beneath (D1-D8; sensitivity 15 $\mu\text{V}/\text{mm}$). EKG is seen in red at the bottom (sensitivity 50 $\mu\text{V}/\text{mm}$). Depth electrodes D1 and D2 are likely in subcortical tissue.

EEG



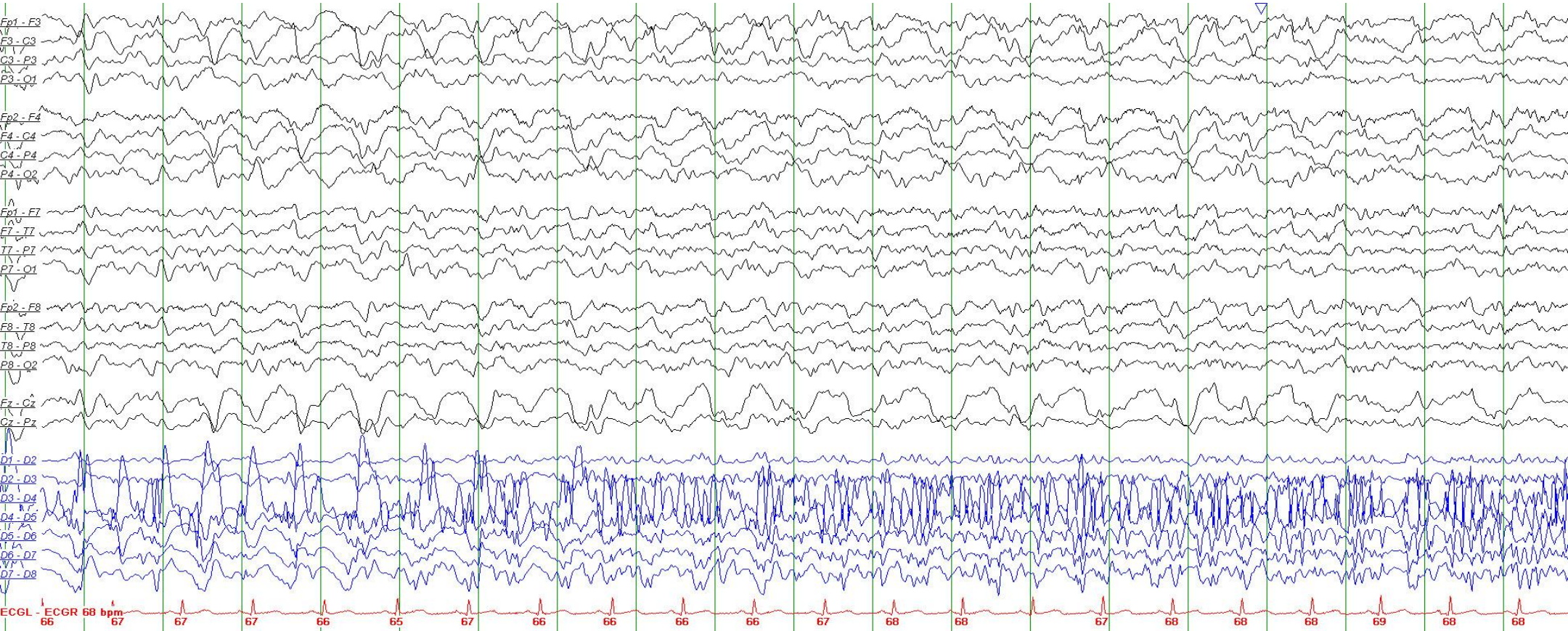
Generalized myoclonic bursts occur in clusters both on scalp and in the depth electrodes.

EEG



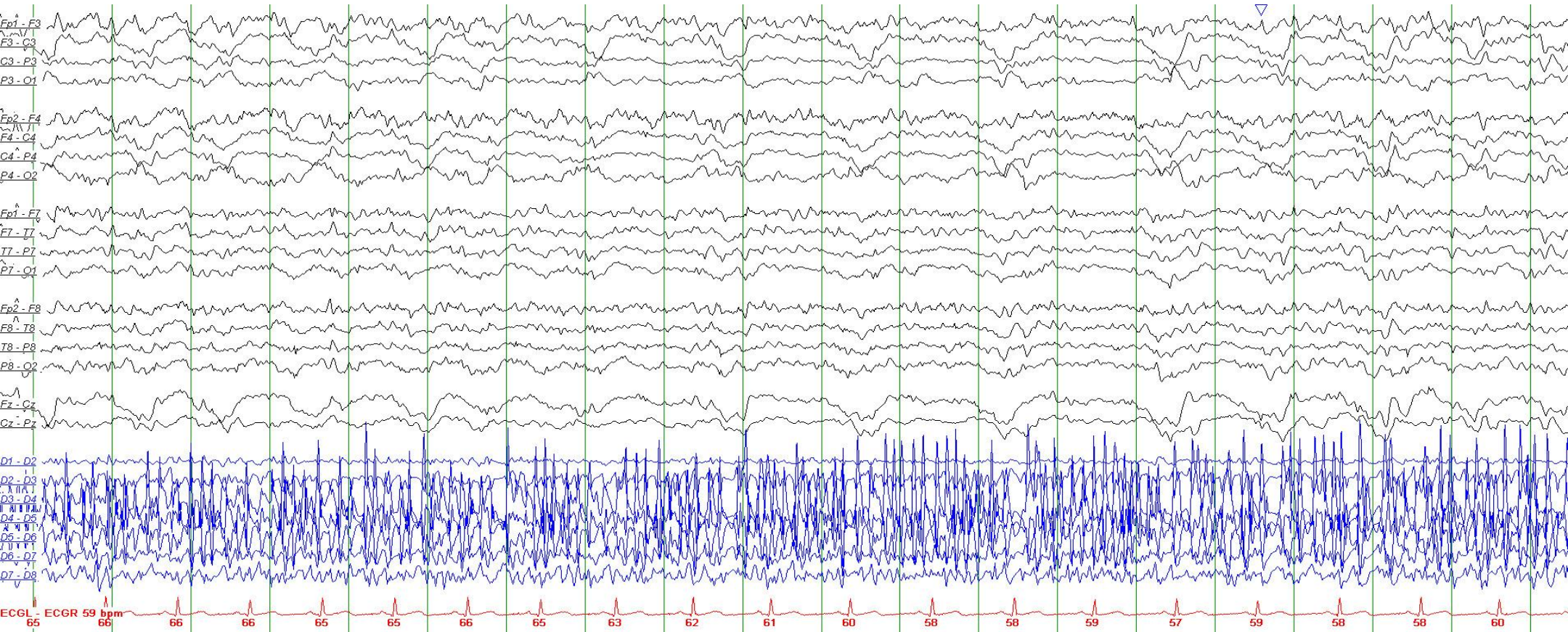
Initially a repetitive run of myoclonus (myoclonic seizure), depth displays underlying rhythmic faster frequencies at D4 between seconds 12 and 14 of this EEG.

EEG



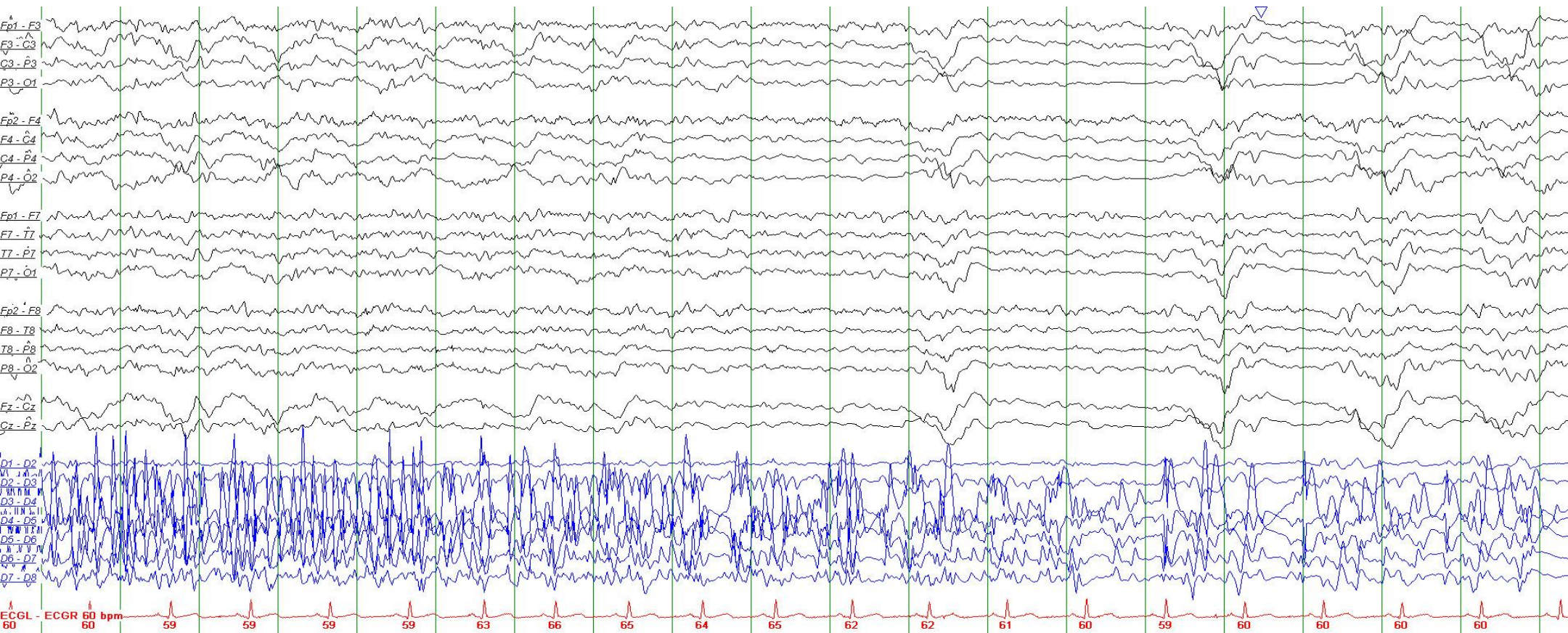
As the myoclonus stops, the depth demonstrates an evolving seizure pattern with rhythmic 8Hz theta-alpha spreading into adjacent electrodes (D5, D6). The scalp demonstrates a frontally-predominant rhythmic delta activity initially at 2Hz evolving to a less defined 1Hz before becoming polymorphic.

EEG

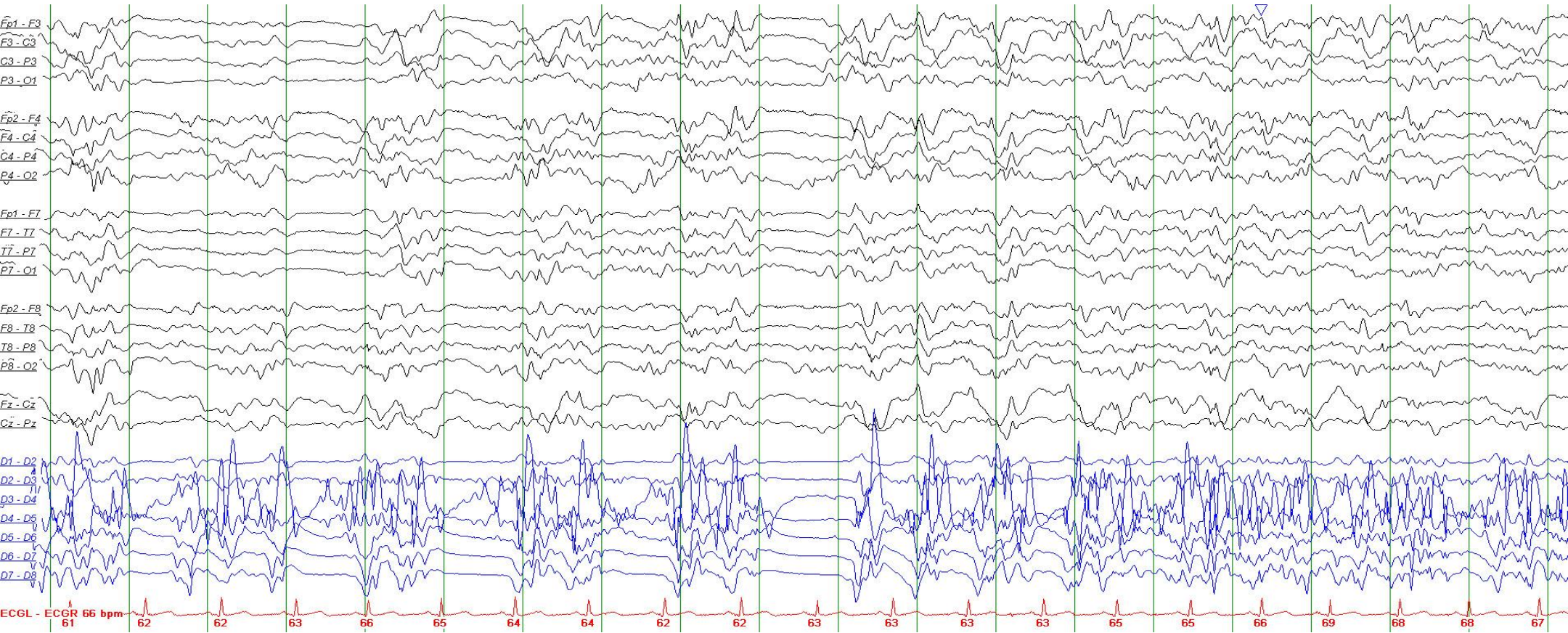


Depth seizure continues to evolve in amplitude and location, now involving all cortically-based electrodes. The scalp demonstrates quasi-rhythmic 0.5Hz delta but primarily non-rhythmic theta frequencies.

EEG

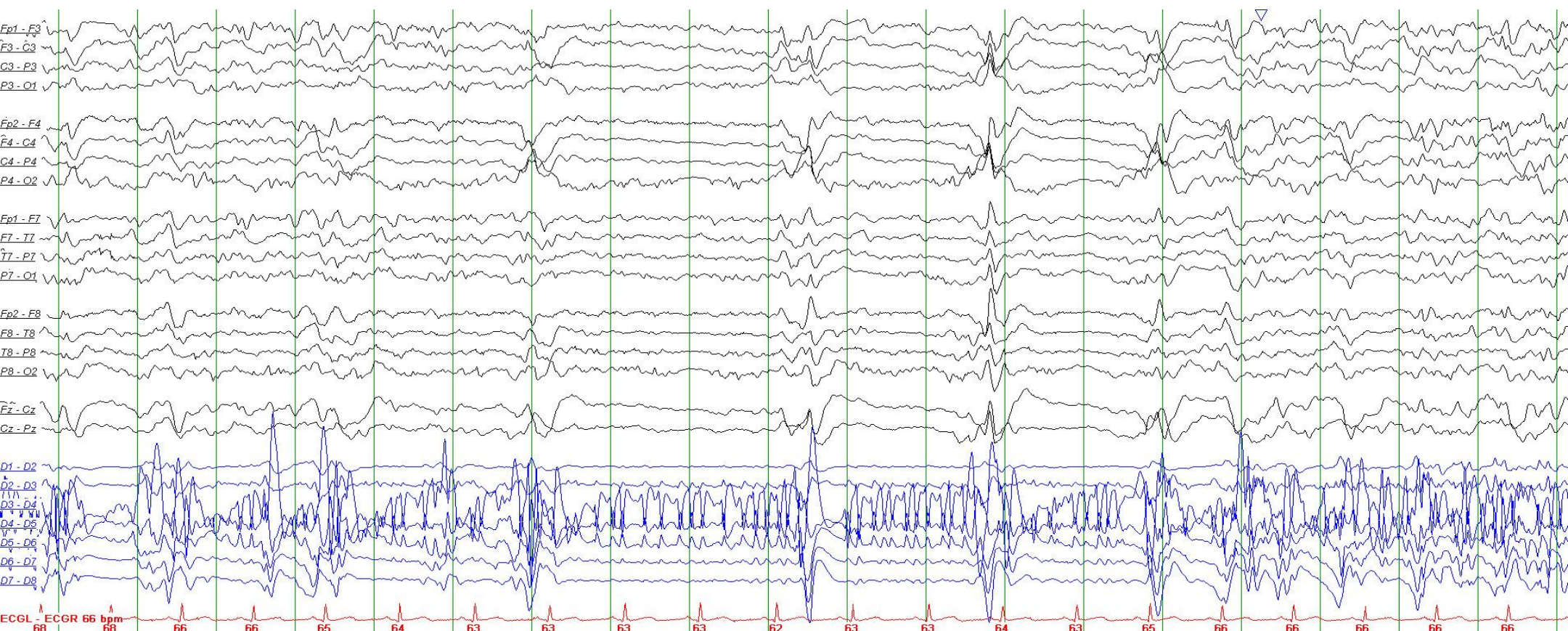


EEG

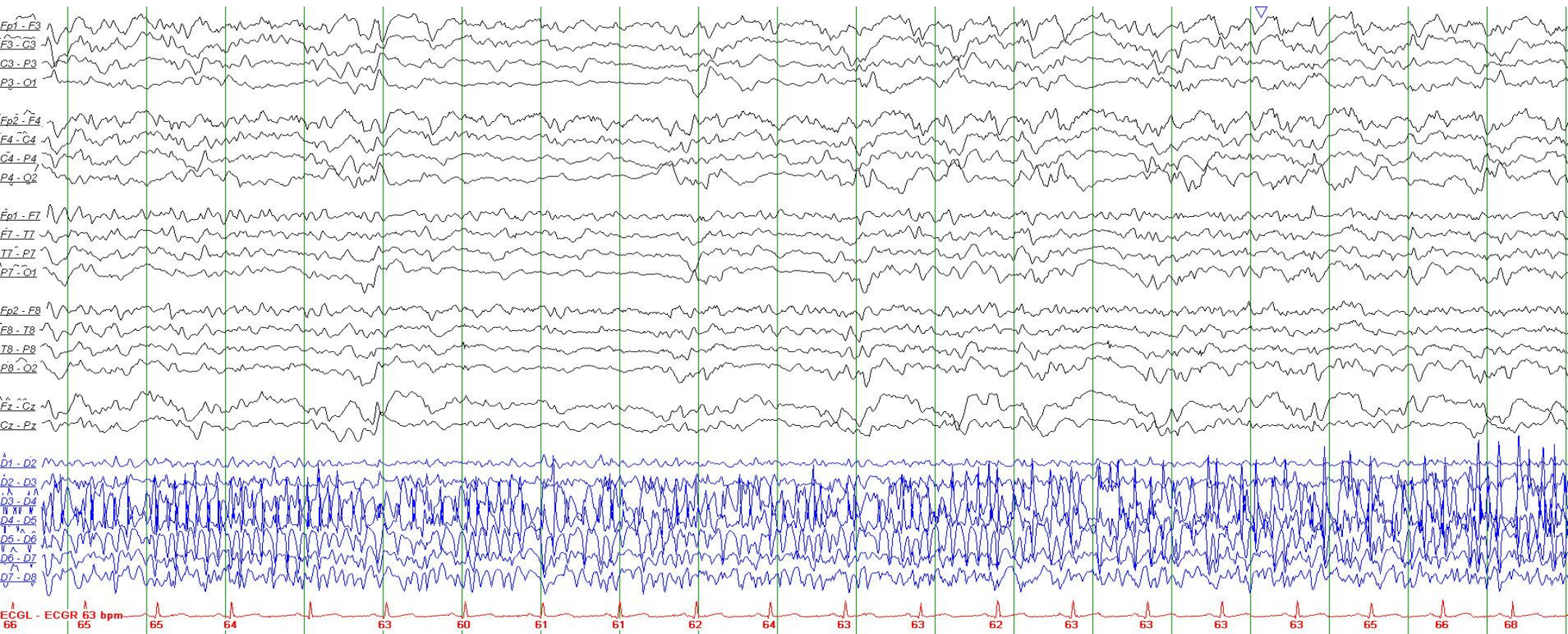


Here the depth seizure is interrupted briefly before resuming; with stuttering discharges in the depth, frontally predominant delta becomes more sharply contoured.

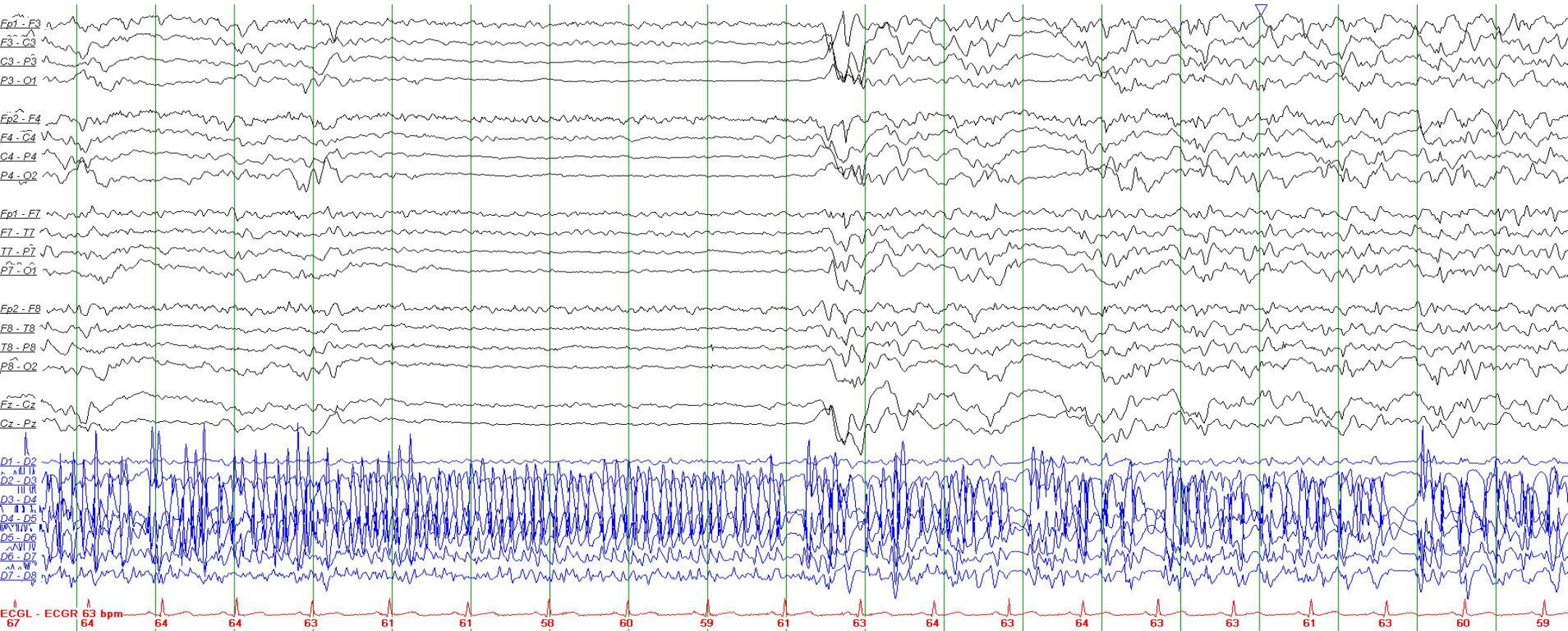
EEG



EEG

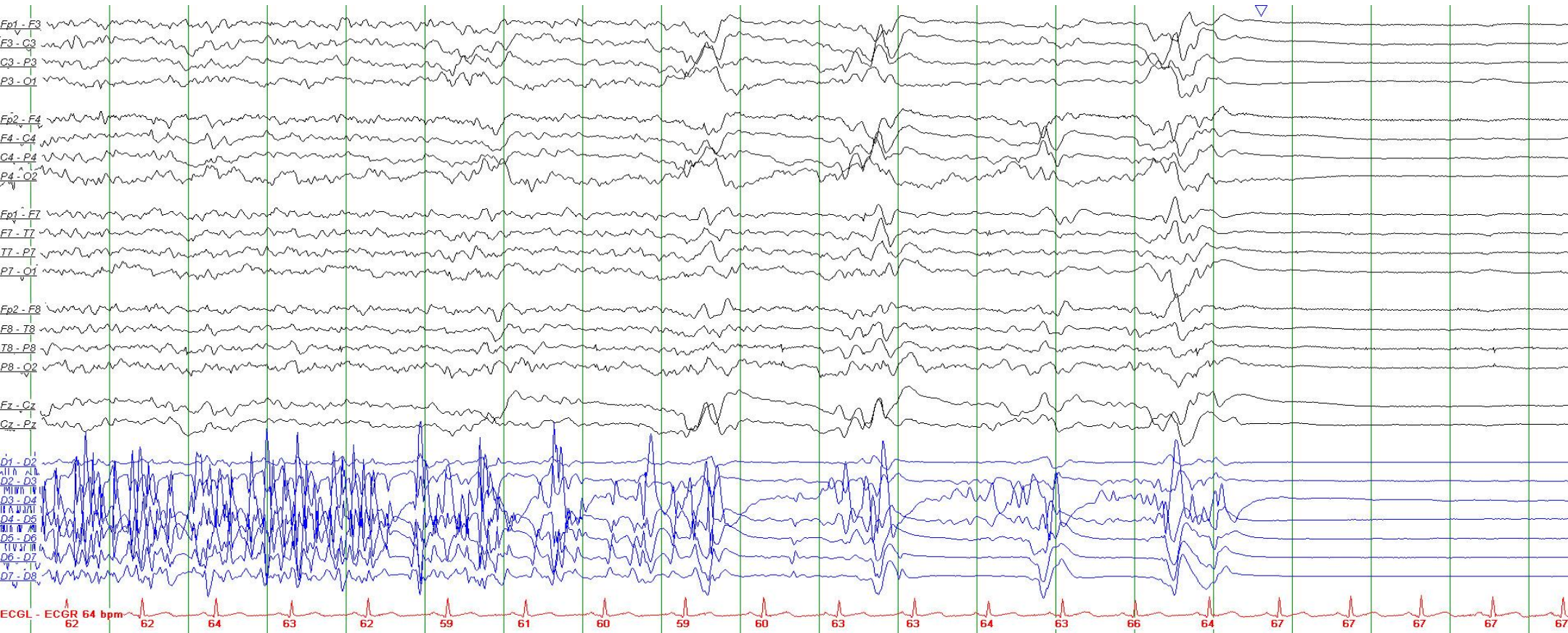


EEG



As the depth seizure becomes tightly organized briefly, there is pseudonormalization on the scalp recording (seconds 5-9) consisting of non-rhythmic diffuse theta; even delta frequencies are abolished.

EEG



The depth seizure finally ends with periodic discharges seen also on scalp; the background becomes suppressed once more. The first 5 hours, there were 121 of these events lasting 30-120s.

The Hemedex Thermal Conductivity CBF Monitor can be Used to Measure Brain Water Content

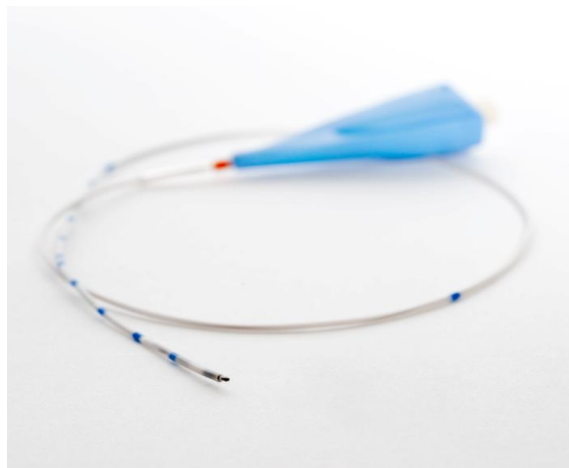
Ko S-B, et al. **Continuous Estimation of Brain Water Content
Using Thermal Conductivity in Comatose Patients *JCBFM*** (submitted)

Components of the HEMEDEX System

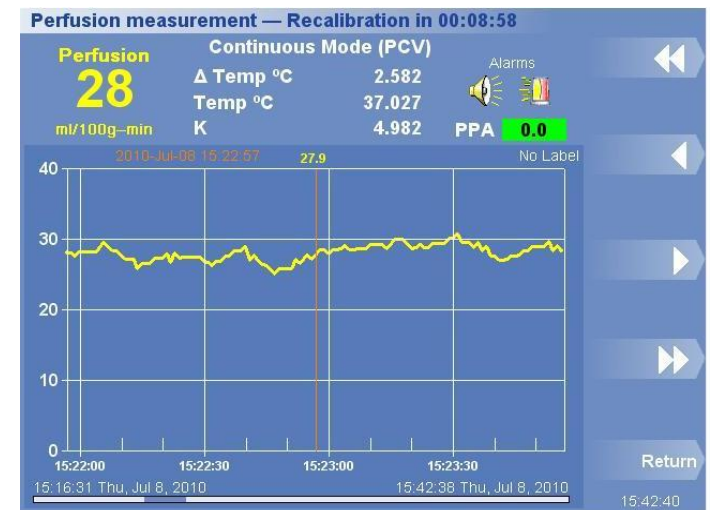
Bowman Perfusion Monitor (BPM)

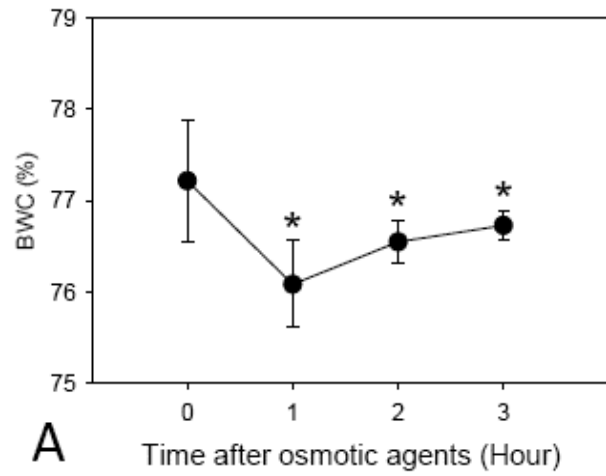


QFlow 500 Probe

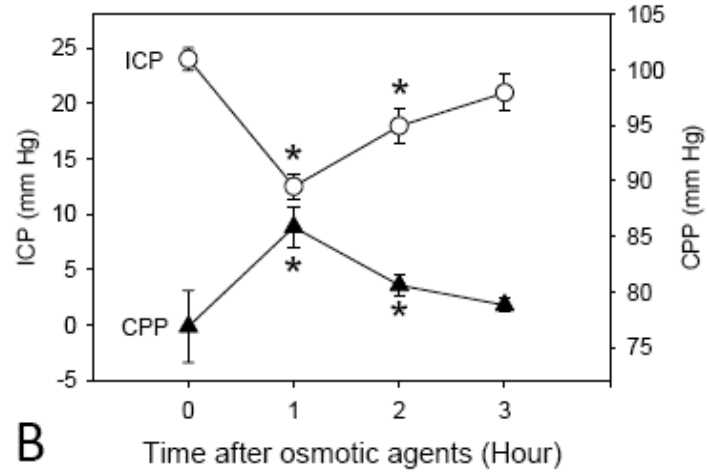


Trending of CBF in ml/100g/min

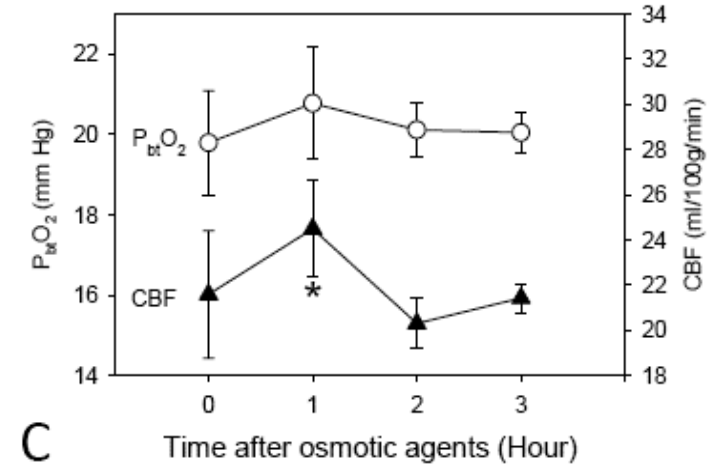




Brain Water Content



ICP + CPP



PbtO₂

Physiological effects of Osmotherapy
(23.4% and 20% mannitol)

MMM Killer Apps

- Detect neuroworsening
- Optimize CPP
- Diagnose autoregulatory failure
- Identify and avoid excessive hyperventilation
- Detect seizures not evident on surface EEG
- Avoid critical brain hypoglycemia and anemia
- Identify secondary brain injury



Neurocritical Care Society

www.neurocriticalcare.org

JOIN ONLINE TODAY!